

Lauren Nicole Weathers

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CURRICULUM VITAE

EDUCATION

- 2013-Present Doctor of Philosophy in Clinical Psychology
University of Mississippi, University, MS
Dissertation: Birds of a Feather? On the Relationship Between Resilience, Meaning, and Hardiness
Supervisor: Stefan Schulenberg, Ph.D.
Current GPA: 3.8
- 2011-2013 Master's of Arts in Psychological Science: Concentration: Cognition
Western Kentucky University, Bowling Green, KY
Thesis: Like or Dislike: The Emotional Toll of Being on Facebook
Supervisor: W. Pitt Derryberry, Ph.D.
Cumulative GPA: 3.9
- 2007-2011 Honors Bachelor of Arts in Psychology with a Minor in Business
Queens University of Charlotte, Charlotte, NC
Supervisor: Melinda Harper, Ph.D.
Psychology GPA: 3.9; Cumulative GPA: 3.8

CERTIFICATIONS

- October 2016 **Examination for Professional Practice in Psychology (EPPP)**
Passed at the Doctoral Level for all states
- July 2016-Present **Provisionally Certified Mental Health Therapist (PCMHT)**
Mississippi Department of Mental Health

CLINICAL EXPERIENCE

- Summer 2014-Present **Graduate Therapist**
Psychological Services Center, University of Mississippi, University, MS
Duties include conducting intake assessments, developing treatment plans, providing therapy, preparing client process notes and reports, and participating in weekly didactics related to case conceptualization, treatment planning and implementation of Cognitive-Behavioral Therapy, behavioral interventions, parent training, and Acceptance and Commitment Therapy.
Supervisors: Stefan Schulenberg, Ph.D., Scott Gustafson, Ph.D., ABPP, John Young, Ph.D., Kelly Wilson, Ph.D., Alan M. Gross, Ph.D.
- Fall 2015-Present **Graduate Psychological Examiner**
Psychological Assessment Clinic, University of Mississippi, University, MS
Provide comprehensive psychological evaluations to assess for learning disabilities, Attention-Deficit/Hyperactivity Disorder, mood/anxiety disorders, and personality disorders. Participate in weekly supervision meetings focused on conceptualization and report writing.
Supervisor: Scott Gustafson, Ph.D., ABPP
- June 2016-July 2017 **Intern Therapist**

Communicare, Oxford, MS

Provided clinical interventions to a diverse group of low income individuals in community mental health setting. Worked with case managers, nursing staff, and physicians to provide comprehensive and integrated care. Participated in didactics related to case conceptualization, treatment planning and implementation of cognitive-behavioral interventions.

Supervisor: Dixie Church, LMF, Scott Gustafson, Ph.D., ABPP

Fall 2016

Psychological Examiner

DeSoto School District, DeSoto County, MS.

Administered comprehensive psychological evaluations to assess for Attention-Deficit/Hyperactivity Disorder, learning disabilities, and other mental health concerns. Scored tests, wrote integrated reports, and present feedback during the clients' Individualized Education Plan (IEP) meetings.

Supervisor: Shannon Sharp, Ph.D.

Fall 2014-Spring 2015

Co-facilitator of the International Ladies Club

Office of International Students, University of Mississippi, University, MS

Led an ethnically diverse support group of international women focused on aiding them through their acculturation process to the university and community life. Participants were mostly from Middle-Eastern, Asian, Northern European, and Caribbean countries.

Supervisor: Laura Johnson, Ph.D.

Spring 2014

Co-facilitator of the Mindfulness Based Strengths Practice Group

Psychological Service Center, University of Mississippi, University, MS

Co-facilitated a Mindfulness Based Strengths Practice Group (MBSP) using Ryan M. Niemiec's *Mindfulness Character & Strengths: A Practical Guide to Flourishing* manual to community members of Oxford, MS.

Supervisor: Stefan Schulenberg, Ph.D.

Summer 2010

Clinical Case Manager Assistant

National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC

Assisted with a federally funded Victims of Crime Act Grant in order to help patients utilize the outpatient services of the National Crime Victims Research and Treatment Center. Provided emotional support and assistance with crisis intervention, and transported families to victim-related appointments. Shadowed a law enforcement victim advocate at bond hearings and the solicitor's victim advocate at murder trials. Shadowed a National Crime Victims Treatment and Research Center therapist who attended a plea bargain session in court in order to be there for the psychological needs of the client who was a sexual assaulted by the perpetrator pleading guilty. Observed SIHLE groups at two locations with two different teen demographics; one at the Department of Juvenile Justice and the other at Florence Crittenton, a house where pregnant teens stay who are in need. Observed the Homicide of Survivors Support Group, a group for family and friends of homicide victims. Attended community staff meetings at a child advocacy center.

Supervisor: Alyssa Rheingold, Ph.D.

- Fall 2009-Spring 2011 **Transition to University (T2U) Facilitator**
Queens University of Charlotte, Charlotte, NC
 Facilitated group discussions with a small group of eight to ten college freshmen at Queens University of Charlotte in order to help the students transition to university life and thus increase university retention rates. Weekly group discussions included personal experiences with peer pressure, sex, substance abuse, and building social skills.
Supervisors: Melinda Harper, Ph.D. and Christine Allegretti, Ph.D.
- Summer 2009 **Clinical Case Manager Assistant**
National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC
 Contacted families via telephone who are scheduled for forensic medical exams following disclosure of sexual abuse. Specifically, assisted with the coordination of follow-up care by assisting with crisis intervention and transporting families to victim-related appointments. Also, provided emotional support and mental health information to families at Dee Norton's Low Country Children's Center (DNLCC), a local child advocacy center. Provided written notation for videotaped forensic interviews at DNLCC. Observed kid education groups and caregiver's support group while at DNLCC. Trained in empathetic listening skills. Observed the Homicide for Survivors Support Group. Attended community staff meetings at a local child advocacy center.
Supervisor: Alyssa Rheingold, Ph.D.

PUBLICATIONS

Weathers, L. N., Aiena, B. J., Blackwell, M. A., & Schulenberg, S. E. (2016). The significance of meaning to conceptualizations of resilience and posttraumatic growth: Strengthening the foundation for research and practice. In *Clinical perspectives on meaning* (pp. 149-169). Switzerland: Springer International Publishing.

MANUSCRIPTS IN PREPARATION

Alessandri, F. T., **Weathers, L.**, Lombardo, T. W., & Christoff, K. A. *Expressive writing moderated by DSM-5 stressor criterion; Introducing a 100-minute acceptance-based protocol for adjustment to potentially traumatic events regardless of stressor type* (submitted).

GRANTS APPLIED FOR

Aiena, B. J., Schulenberg, Weathers, L. N. (2014). High school (Oxford/Lafayette) disaster preparedness and mitigation. The Lawrence Foundation. (Foundation Grant, \$5,089). Not funded.

RESEARCH EXPERIENCE

- Fall 2013-Present **Graduate Research Assistant**
University of Mississippi Clinical-Disaster Research Center (UM-CDRC), University of Mississippi, University, MS
The UM-CDRC integrates service, training, and research in disaster mental health. Aided in the research devised to create and evaluate empirically driven disaster preparedness, mitigation, and response programs. Gained experience writing a book chapter illustrating the relationship and clinical significance of meaning in life, resilience, and posttraumatic growth. Gained experience working with a team of researchers at the University of Mississippi Medical Center to explore the relationship between meaning in life and smoking cessation in patients with schizophrenia in the hopes of creating a smoking cessation protocol for this population. Aided in grant applications, analyzing data, creating surveys, and attended lab meetings.
Supervisor: Stefan Schulenberg, Ph.D.
- Fall 2014-Summer 2017 **Graduate Clinical Research Assistant**
St. Jude Children's Research Hospital, Memphis, TN
Student research assistant on three research protocols. Two of the protocols involve recruiting participants, collecting data, and analyzing data involving pediatric Sickle Cell Disease patients in order to observe enuresis or adherence to Hydroxurea. The third protocol is a preliminary randomized controlled trial testing the effectiveness of a behavior intervention to bolster adherence rates to HAART medication treatment regimens in adolescent and young adult HIV patients. This protocol involved recruiting participants, collecting data, analyzing data, and attending weekly case management meetings within the Infectious Disease Clinic.
Supervisors: Jerlym Porter, Ph.D. and Lisa Ingerski, Ph.D.
- Spring 2017 **Graduate Clinical Research Assistant**
Smoking Cessation and PTSD Research Lab, University of Mississippi, University, MS
Collected data for a study that examined if the cognitive distortion patterns vary by trauma type, if cognitive distortions vary by PTSD personality subtype, and if resilience affects cognitive distortion severity. Administered and scored the PTSD Checklist-5, Trauma Assessment for Adults, and Trauma and Attachment Belief scale among others to college participants.
Supervisor: Thomas W. Lombardo, Ph.D.
- Summer 2016 **Graduate Clinical Research Assistant**
Science Infusion That Helps (SITH) Lab, University of Mississippi, University, MS and University of Mississippi Medical Center, Jackson, MS
Clinical research assistant for the Instrument Validation Protocol. The aim of the protocol was to create a shorter self-report version of the MINI 6.0 (the Mini International Neuropsychiatric Interview). Conducted structured clinical interviews using the MINI 6.0 in the hospital's emergency department at the University of Mississippi Medical Center. Additionally, scored and reported outcomes to personnel including doctors and nurses to assist with improvements for suicide risk assessment within the emergency department.
Supervisor: John Young, Ph.D.

- Spring 2015-Summer 2015 **Graduate Clinical Research Assistant**
Smoking Cessation and PTSD Research Lab, University of Mississippi, University, MS
 Aided in data collection for a study that examined whether participants who were trained with either an action/shooting video game, a strategy/puzzle video game, or board games impacted cognitive skill ability. Administered and scored neuropsychological measures including the Repeatable Battery for Assessment of Neuropsychological Status (RBANS), Trail Making Test A & B, Wisconsin Card Sorting Task, Tower of London, Wechsler Abbreviated Scale of Intelligence (WASI), a mental rotation task, a sustained attention task, split attention task, and the Stroop test to participants.
Supervisor: Thomas W. Lombardo, Ph.D.
- Spring 2014-Fall 2014 **Graduate Clinical Research Assistant**
Smoking Cessation and PTSD Research Lab, University of Mississippi, University, MS
 Administered two active interventions in a randomized clinical trial for reducing PTSD symptoms in a student sample (N=86), as part of a doctoral dissertation. Interventions consisted of an amassed 2-hour block per participant with one condition implementing a 3-essay expressive writing protocol and the other receiving a novel intervention involving psychoeducation, acceptance, and organization of traumatic experiences and reactions including cognitions.
Supervisors: Thomas W. Lombardo, Ph.D. and Karen A. Christoff, Ph.D.
- Fall 2011-Spring 2013 **Graduate Research Assistant**
Research of Ethical and Social Topics (REST) Lab, Western Kentucky University, Bowling Green, KY
 The REST Lab examines moral development in adolescence and adulthood. Topics such as technological usage and its role in moral development are also studied. Administered research projects to participants, scored participant data, conducted data entry, edited manuscripts, and attended lab meetings.
Supervisor: W. Pitt Derryberry, Ph.D.
- Fall 2010 **Co-Investigator: A Group Within a Group: A Practicum in Group Dynamics**
Queens University of Charlotte, Charlotte, NC
 The study was conducted to examine how the leadership skills of T2U facilitators change over the semester. Also investigated how “connected” students are to the groups as an outcome measure of the effectiveness of the course’s ability to teach group dynamic skills. As the third investigator I was in charge of data organization and data entry into SPSS, as well as running descriptive statistics and conducting correlational analyses.
Supervisors: Christine Allegretti, Ph.D. and Melinda Harper, Ph.D.

- Summer 2010 **Research Assistant**
National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC
Assisted on several federally funded research studies. Trained interviewer for an OVC funded grant, which included a telephone, structured interview of survivors of homicide. Interview included assessment of several *DSM-IV* disorders such as post-traumatic stress disorder, major depression, complicated bereavement, service utilization, and satisfaction of local resources. Data entry research assistant on a CDC grant. Assisted SAMHSA funded HIV prevention program for African American adolescents. Observed SIHLE groups with delinquent teens and pregnant teens as a part of the SAMHSA grant. SIHLE stands for Sisters Healing Living and Empowering. SIHLE is a program that the EMPOWER (Ethnic Minority Prevention Outreach and Web-Based Educated for Risk Reduction) program is currently utilizing. Trained in fidelity rating of SIHLE group facilitators. Supervisors: Alyssa Rheingold, Ph.D., April Borkman, M.A., Carla Kmett Danielson, Ph.D., and Benjamin Saunders, Ph.D.
- Spring 2010 **Focus Group Moderator**
Queens University of Charlotte, Charlotte, NC
These focus groups were conducted at the request of the Vice President for Student Enrollment at Queens University of Charlotte. The purpose of the groups was to see how the students felt about the student/teacher interactions. Supervisor: Cherie Clark, Ph.D.
- Spring 2010 **Focus Group Moderator**
Right Moves for Youth, Charlotte, NC
These focus groups were conducted at the request of Right Moves for Youth, a joint project conducted by the Charlotte-Mecklenburg Police Department, Charlotte-Mecklenburg Schools, and the Mecklenburg County Sheriff's Office. The project aimed to keep at-risk youth off the streets, teaching vital tools to help them succeed in life. The purpose of the focus group was to see what past participants liked or disliked about the summer camp Right Moves for Youth conducts in the summer. Furthermore, the group discussed if the name of the camp should be changed and why. Supervisors: Officer Lisa Speas and Cherie Clark, Ph.D.
- Fall 2009-Spring 2010 **Primary Investigator: Honors Thesis: Motivations for Self-Disclosing on Facebook**
Queens University of Charlotte, Charlotte, NC
The research project was created in order to better understand why emerging adults self-disclose using the social networking site Facebook. The research examined whether emerging adults self-disclose on Facebook because they are attention seeking, seeking support, or due to their narcissism levels. As the sole author I designed the study, received IRB permission, conducted literature searches, created informed consent and debriefing forms, assembled the questionnaire, used surveymonkey.com to administer the questionnaire, entered data into SPSS, analyzed the results, and wrote the paper for my honors thesis. Supervisors: Melinda Harper, Ph.D. and Cherie Clark, Ph.D.
- Fall 2009-Spring 2011 **T2U Research Assistant**
Queens University of Charlotte, Charlotte, NC
Collaborated on T2U, a research project that examines university retention

rates. Assisted in the data entry and interpretation of T2U data.
Supervisors: Melinda Harper, Ph.D. and Christine Allegretti, Ph.D.

Summer 2009

Research Assistant

National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC

Assisted with data entry of a CDC grant. Administered the Trauma Symptom Checklist for Children, a measure assessing children's trauma history.

Supervisor: Alyssa Rheingold, Ph.D.

PROFESSIONAL PRESENTATIONS

Weathers, L. N., Florez, I., & Schulenberg, S. E. (2017, July). *A study of self-transcendence and psychological flexibility in a college student sample: The meditational role of meaning in life*. Poster presentation at the Fifth World Congress on Positive Psychology, Montréal, Québec, Canada.

Weathers, L. N. & Schulenberg, S. E. (2017, April). *Meaning as a facilitator of resilience and posttraumatic growth: Recommendations for research and practice*. Oral presentation at the University of Mississippi Conference on Psychological Science, University, MS.

Weathers, L. N., Florez, I., Blackwell, M. A., Schulenberg, S. E., & Buchanan, E. M. (2016, October). *The role of meaning in life in hypothesized models with resilience, posttraumatic growth, and posttraumatic stress*. Poster presentation at the Association for Behavioral and Cognitive Therapies, New York, NY.

Weathers, L. N., Means, B. L., Wilkins, M., Gaur, A., Patel, N., & Ingerski, L. M. (2016, October). *Beliefs about medication in youth with horizontally-acquired HIV initiating active treatment*. Poster presentation at the Association for Behavioral and Cognitive Therapies, New York, NY.

Weathers, L. N. & Schulenberg, S. E. (2016, September). *Meaning, resilience, and self-efficacy: Studies of Mississippi coastal residents and the Deepwater Horizon Oil Spill*. Oral presentation at the Oil Spill Science Seminar: Building Resilient Communities, Long Beach, MS.

Tkachuck, M. A., **Weathers, L. N.**, Florez, I. A., Schulenberg, S. E. (2016, June). *Meaning in life, Psychological flexibility, and valued living: Birds of a feather?* Poster presentation at the Association for Contextual Behavioral Science World Conference, Seattle, WA.

Clark, K. N., **Weathers, L. N.**, Porter, J. S., Wang, W. C., & Inerski, L. M. (2015, October). Acceptability and feasibility of electronic medication adherence technology in a pediatric hematology clinic. Poster presentation at the Society for Developmental and Behavioral Pediatrics Annual Meeting, Las Vegas, NV.

Means, B. L., **Weathers, L. N.**, Russel, K. M., Wilkins, M. L., Gaur, A. H., Patel, N. D., Ingerski, L. M. (2015, September). *Health-related quality of life of youth with horizontally-acquired HIV initiating active treatment*. Poster presentation at the Society of Clinical Research Associates, Denver, CO.

Weber, M.C., Tkachuck, M., **Weathers, L.**, & Schulenberg, S. E. (2015, April). *Emergency Preparedness of UM Students*. Oral presentation at the University of Mississippi Conference on Psychological Science, University MS.

Weber, M. C., **Weathers, L.**, Tkachuck, M., & Schulenberg, S. E. (2015, April). *Emergency Preparedness of UM Faculty and Staff*. Oral presentation at the University of Mississippi Conference on Psychological Science, University, MS.

- Alessandri, F. T., **Weathers, L. N.**, Lombardo, T. W., & Christoff, K. A. (2014, November). *Preliminary Results from an RCT Comparing a Brief Directive Therapy Protocol with Expressive Writing for the Reduction of PTSD Symptoms*. Poster presentation at the annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Weathers, L. N.** & Derryberry, W. P. (2014, April) *Like or dislike: The emotional toll of being on Facebook*. Oral presentation at The University of Mississippi Conference on Psychological Science, University, Mississippi.
- Weathers, L. N.** (2012, May). *Attention, support, and face-to-face self-disclosure as predictors of self-disclosure on Facebook*. Poster presentation at the Association for Psychological Sciences Annual Convention, Chicago, Illinois.
- Weathers, L. N.** (2012, March). *Attention, support, and face-to-face self-disclosure as predictors of self-disclosure on Facebook*. Poster presentation at the 42nd Annual WKU Student Research Conference, Bowling Green, Kentucky.
- Derryberry, W. P., Clark, L., Baker, D., **Weathers, L.**, & Grieve, F. (2012, April). *Exploring the relationships among various forms of attention and moral judgment*. Poster presentation at the annual meeting of the American Educational Research Association, Vancouver, British Columbia, Canada.
- Allegretti, C. L., Harper, M. S., & **Weathers, L. N.** (2011, January). *A group within a group: A practicum in group dynamics*. Poster presentation at the 33rd Annual National Institute on the Teaching of Psychology Conference.
- Weathers, L. N.** (2010, November). *Motivations for self-disclosing on Facebook*. Poster presentation at the North Carolina Psychological Association Fall 2010 Conference, Chapel Hill, North Carolina.
- Weathers, L. N.** (2010, April). *Say what you need to say: A study of face-to-face self-disclosure in emerging adults*. Poster presentation at the North Carolina Psychological Association Spring 2010 Conference, Charlotte, North Carolina.
- Weathers, L. N.** (2010, April). *Say what you need to say: A study of face-to-face self-disclosure in emerging adults*. Poster presentation at the 18th Annual Central Carolina Conference on Psychology and Marketing Excellence Conference, Charlotte, North Carolina.
- Orlando, C., & **Weathers, L. N.** (2009, April). *Contextual-dependent olfactory memory on memory decay in word recall tasks*. Poster presentation at the North Carolina Psychological Association's 2009 Spring Conference, Chapel Hill, North Carolina.

ADMINISTRATIVE EXPERIENCE

July 2017-Present **Assistant to the Director at the Psychological Services Center**
Psychological Service Center, University of Mississippi, University, MS
 Provided administrative oversight of graduate student therapists and trained graduate students in clinic procedures Managed record keeping, Titanium software, and client and supervisor notes throughout Department. Advertised clinic services to the community, designed clinic publication, and outreach materials
Supervisor: Scott Gustafson, Ph.D., ABPP

TEACHING EXPERIENCE

Fall 2017-Present **Graduate Teaching Assistant**
Department of Psychology, University of Mississippi, University, MS
 Was the teaching assistant for an introduction to psychology that typically contains 300-400 people. Held office hours each week to answer student

questions about course material, reviewed exams with students, proctored exams, and managed the grade book.

Supervisor: Todd A. Smitherman, Ph.D.

Spring 2016, Fall 2016

Guest Lecturer

Department of Psychology, University of Mississippi, University, MS

Taught one class each semester concerning teaching freshman psychology majors disaster preparedness and the psychological impact of disasters.

Supervisor: Stefan Schulenberg, Ph.D.

Spring 2016

Guest Lecturer

Department of Psychology, University of Mississippi, University, MS

Led a discussion to a honors class regarding Viktor Frankl's *Man's Search for Meaning* and discussed current meaning in life research.

Supervisor: Stefan Schulenberg, Ph.D.

Summer 2013

Graduate Instructor

Department of Psychology Western Kentucky University, Bowling Green, KY

Taught one section of PSY 211 Research Methods Lab to undergraduate students. The Research Methods Lab included teaching laboratory exercises involving research design, methodology, data collection, methods of organizing and presenting data, and research report writing.

Supervisor: Brandy Tiernan Ph.D.

Fall 2012

Graduate Instructor

Department of Psychology Western Kentucky University, Bowling Green, KY

Taught two sections of PSY 211 Research Methods Lab to undergraduate students. The Research Methods Lab included teaching laboratory exercises involving research design, methodology, data collection, methods of organizing and presenting data, and research report writing.

Supervisor: Carrie Guggenmoss, M.A.

Spring 2012

Graduate Instructor

Department of Psychology Western Kentucky University, Bowling Green, KY

Taught one section of PSY 211 Research Methods Lab to undergraduate students. The Research Methods Lab included teaching laboratory exercises involving research design, methodology, data collection, methods of organizing and presenting data, and research report writing.

Supervisor: Kelly Madole, Ph.D.

PROFESSIONAL ACTIVITIES

Gross, A. M. & **Weathers, L. N.** (2015, December 28). Bringing Psychiatry into the Wonderful World of Positive Psychology [Book Review of Positive Psychiatry: A Clinical Handbook]. *PsychCRITIQUES*, 60, 52.

Ad hoc reviewer *Journal of Pediatric Psychology* 2014-2016

Abstract reviewer for APA Division 17: Positive Psychology April 2014

Ad hoc reviewer *Social Indicators Research* 2013

Ad hoc reviewer *Professional Psychology: Research and Practice* 2013

 SERVICE WORK

- Fall 2013 **American Foundation for Suicide Prevention: Out of the Darkness Walk Committee Member**
Clinical-Disaster Research Center, University, MS
 Assisted in walk planning, fundraising, and leading the event.
- Fall 2008 **Peer Leader for CORE 112**
Queens University of Charlotte, Charlotte, NC
 CORE 112 is a liberal arts course designed to make students assess what it means to lead a noble life by examining noble individuals throughout history like Socrates, Martin Luther King Jr., and Wangari Maathai. A peer leader's job was to tutor and the help student learn and apply the material to their lives.

 AWARDS

- Spring 2013 **Experimental Psychology Student of the Year**
Western Kentucky University, Bowling Green, KY
- Spring 2012 **Best Graduate Poster in the Social Sciences/Services, Session 3**
Western Kentucky University, Bowling Green, KY
 The 42nd Annual WKU Student Research Conference
 Poster: *Attention, support, and face-to-face self-disclosure as predictors of self-disclosure on Facebook*
- Spring 2011 **Psychology Student of the Year**
Queens University of Charlotte, Charlotte, NC
- Spring 2011 **Honors Thesis of the Year Award**
Queens University of Charlotte, Charlotte, NC
 Awarded for the creation of *Motivations for self-disclosing on Facebook*
- Spring 2009 **CORE 222 Student of the Year**
Queens University of Charlotte, Charlotte, NC
 CORE 222 is a liberal arts course, which engages students to think about world issues and global citizenship

 MEDIA

L.N. Weathers (personal communication, August, 2009; Interviewed by the Charlotte Observer about Transition to University)

 CERTIFICATION AND SPECIALIZED TRAINING

- Spring 2017 **The Child and Adolescent Functional Assessment Scale (CAFAS) Training**
Communicare, Oxford, MS
 Received training on how to assess the degree of impairment in youth with emotional, behavioral, psychiatric, or substance use problems.
Supervisor: Dixie Church, LMF
- Spring 2015 **American Red Cross Disaster Training in Psychological First Aid – Completion Certification, Northwest Mississippi Chapter**
Clinical Disaster Research Center, University, MS
 Trained in counseling individuals in the immediate aftermath of a disaster
Supervisor: Stefan Schulenberg, Ph.D.

- Fall 2013 **Mindfulness and Character Strengths Practice Training**
Psychological Services Center, University, Mississippi, University, MS
Supervisor: Stefan Schulenberg, Ph.D.
- October 2012 **Basic Skills for College Teaching Program Certification**
Western Kentucky University, Bowling Green, KY
 Faculty Center for Excellence in Teaching
Supervisor: W. Pitt Derryberry, Ph.D.
- September 2011 **Test of Everyday Attention (TEA) Training**
Western Kentucky University, Bowling Green, KY
 Received training on the TEA, a test that was designed to measure attention in adults in terms of attentional functioning, selective attention, sustained attention, and mental shifting.
Supervisor: W. Pitt Derryberry, Ph.D.
- Spring 2010 **Focus Group Training**
Department of Psychology, Queens University of Charlotte, Charlotte, NC
Supervisor: Cherie Clark, Ph.D.
- Spring 2010 **Program Evaluation Training**
Department of Psychology, Queens University of Charlotte, Charlotte, NC
Supervisor: Cherie Clark, Ph.D.
- May 2009 **Empathetic Listening Skills**
National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC
Supervisor: Alyssa Rheingold, Ph.D.
- May 2009 **Trauma and Child Behavior Assessment Tools Training**
National Crime Victims Research and Treatment Center, Medical University of South Carolina, Charleston, SC
Supervisor: Josephine Stacey, Family Victim Advocate

CULTURAL SERVICE EXPERIENCES

- May 2011 **South African Adventure**
Queens University of Charlotte, Charlotte, NC
 Completed a study tour of South Africa designed to explore South Africa from metropolitan cities like Cape Town and Johannesburg to rural areas out in the Bush within the Kruger National Park. Also completed a service project to give back to the Mnisi Tribal Land community by painting the local school, Ntshuxeko Creche.
Supervisors: Carrie DeJaco, Ph.D. and Mark Kelso, Ph.D.
- March 2010 **Guatemala Land of Contrasts**
Queens University of Charlotte, Charlotte, NC
 Competitive enrollment into a course that involved traveling to Guatemala to witness the spiritual life of Guatemala, the lives of Guatemalan women, and how far the country's progress since La Violencia. Completed a home-stay to experience Guatemalan way of life first hand. Completed a service project to aid the Fraternidad of Maya Presbyterials by organizing the site of the new women's center.

Supervisors: Diane Mowrey, Ph.D. and Linda Miller, Ph.D.

REFERENCES

Dr. Scott Gustafson
Director of the Psychological Services Center
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Dr. John Young
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Dr. Kelly Wilson
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Dr. Alyssa Rheingold
Associate Professor and Clinical Director
Medical University of South Carolina's National Crime Victims Center (NCVC)
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