

Mikaela J. Raley

University Email: mraley@go.olemiss.edu

EDUCATION:

Doctorate of Philosophy in Clinical Psychology

Anticipated 2023

University of Mississippi, Oxford, Mississippi

Dissertation: TBD

Current GPA: 4.0

Advisor: Stefan Schulenberg, Ph.D.

Master of Science in Psychological Science

April 2017

University of North Florida, Jacksonville, Florida

Master's Thesis: Social Connectedness and Social Support in a Military and Civilian College

Population: Associations with Psychological, Physical and Stress-Related Health

Outcomes

Advisor: Lori Lange, Ph.D.

GPA: 3.81

Bachelor of Arts in Psychology, Minor in Art History

July 2015

University of North Florida, Jacksonville, Florida

GPA: 3.80, Summa Cum Laude

RELEVANT GRADUATE COURSEWORK:

- | | | |
|---------------------------|----------------------------|----------------------------------|
| ▪ Cognitive Assessment | ▪ Learning and Cognition | ▪ Psychology Statistics I and II |
| ▪ Personality Assessment | ▪ Cognitive Psychology | ▪ Social Cognition |
| ▪ Issues and Ethics | ▪ Multicultural Psychology | ▪ Developmental Psychology |
| ▪ Abnormal Psychology | ▪ Physiology | ▪ History of Psychology |
| ▪ Evidence-Based Practice | ▪ Research Methods | |

CLINICAL EXPERIENCE:

Graduate Clinician

August 2019 – Present

Psychological Services Center, University of Mississippi

Supervisors: Stefan E. Schulenberg, Ph.D.; Aaron Lee, Ph.D.

- Provided individual evidence-based cognitive-behavioral therapy to an adult community sample with a focus on various psychiatric difficulties
- Utilized evidence-based clinical interviews to conceptualize cases prior to conducting therapy
- Participated in weekly supervision

Assessment Team

August 2019 – Present

Psychological Assessment Center, University of Mississippi

Supervisor: Scott Gustafson, Ph.D.

- Administered, scored, and interpreted assessments for Attention-Deficit Hyperactivity Disorder, learning disabilities, intelligence and achievement testing, and University Police fitness-for-duty evaluations
- Participated in weekly supervision

Clinical Assessment Practicum

2016 - 2018

Supervisor: Gabriel Ybarra, Ph.D.

University of North Florida

Duval Regional Juvenile Detention Center, Gateway Community Services Inc., and Private Practice of Gabriel Ybarra, Ph.D.

Clinical experience consisted of 300+ hours conducting Mental Health Status Examinations

- Conducted intake assessments noting behavioral observations
- Wrote assessment reports for the Department of Juvenile Justice and the Social Security Disability Benefits Offices
- Administered/interpreted Psychological Evaluations (WISC-V, WAIS-IV & WJ-IV)
- Maintained records of clinical reports

Clinical Observership- Mayo Clinic, Jacksonville, FL.

2016

Observations in Clinical Psychology, Oncology, Hematology and Bariatric Departments at **Mayo Clinic, Jacksonville, FL.**

- Observed and transcribed inpatient and outpatient clinical visits and noted treatment recommendations
- Attended seminars by Clinical Psychologists in the Oncology, Hematology and Bariatric departments

Internship Experience

2014

Department of Psychology, University of North Florida*Supervisor:* Rebecca Marcon, Ph.D.**UNF's Student Liaison- Clay County's Head Start Program**

- Supervisory Position
 - Conducted weekly feedback/guidance sessions with peers
 - Reviewed peer activity summaries and provided supervisor synoptic reports
 - Developed lesson plans and presented on self-esteem awareness
- Direct Child Contact
 - Implemented treatment plans
 - Composed behavior observations summaries
 - Provided family support on affirmative parenting styles

RESEARCH EXPERIENCE:

Graduate Research Assistant

2018 – Present

Supervisor: Stefan E. Schulenburg, Ph.D.

University of Mississippi

Clinical-Disaster Research Center

Studies Conducted:

- Community-Based Psychological First Aid (Spring 2020 – Present)
- Jacksonville Landing Mass Shooting (Fall 2018 – Present)

- Houston Hurricane Harvey Study (Fall 2018 – Present)

Duties:

- Developed study IRB protocols, peer-review journal articles, conducted literature reviews, wrote University Newsletter and book chapter

Research Lab Coordinator

2015 - 2018

Supervisor: Lori Lange, Ph.D.

University of North Florida

Health Psychophysiology Lab

- **Research Lab Coordinator** - Duties include:
 - Conducted literature reviews, developed study protocols, measurement identification and development, authored/maintained IRB protocols, supervised biofeedback training, and coordinated participant and site recruitments
 - Supervision of lab personnel, generate manuscripts and analyze data through SPSS (Version 24)
 - Prepared poster presentations for the 2016 APS International Conference and at UNF SOARS Conference
 - Organized weekly lab meetings, generated lab agendas, completed article reviews on Health Psychology and mentored undergraduate research assistants
- **Military Student Survey- Lead**
 - Correlational design study analyzing the role of military and civilian students' need to belong on health outcomes
- **Social Connectedness Manipulation Experiment- Lead**
 - Experimental design focusing on manipulating belongingness
 - The purpose of this study was to create a belongingness drive reduction model
 - When an individual's needs to belong are not met, they will be motivated to seek connections with others to reduce their feelings of loneliness
- **HRV Biofeedback Lab Study for Veteran Students-**
 - Utilized Biocom software to train veteran students on various biofeedback techniques, including diaphragmatic breathing and respiratory sinus arrhythmia to maintain proper heart rate variability in stressful situations
- **Military/Veteran Stress Measurement Toolkit Project**
 - Investigated peritraumatic stress and tonic immobility
 - Employed measurement modalities including audition tests, voice analysis and body sway

Mayo Clinic Clinical Research Internship Program

2016 - 2017

Supervisor: Steven Ames, Ph.D., ABPP

Mayo Clinic, Jacksonville, FL.

- Internship consisted of ten hours per week at **Mayo Clinic, Jacksonville, FL.**
- The role of psychological and health behavior factors in quality of life, morbidity, and mortality in hematopoietic stem cell transplant patients study
- Duties included:
 - Contributed to the production of an empirical research article on psychological and health behaviors in stem cell transplant patients (in preparation)
 - Reviewed journal articles for publication
 - Interpreted/evaluated patient medical records using Power Chart software
 - Utilized Red Cap software for data entry
 - Contacted participants, assembled and distributed research materials

- Validated research studies' records using Excel

Research Lab Assistant

2016

Supervisor: Katherine Hooper, Ph.D.

University of North Florida

Behavioral Neuropsychology Lab

- Duties included:

- Neuropsychology training on fNIR and MEG technology and data interpretation
- Collaborated with Dr. Milena Korostenskaja at the Florida Hospital for Children in Orlando, FL., analyzed Magnetoencephalography (MEG) data to create a normative data set
- Coordinated schedules/visits to the Florida Hospital for Children in Orlando, FL.
- Assisted in equipping lab with technology for MEG data analysis and recruited/trained undergraduate lab members

Research Lab Assistant

2016

Supervisor: Dawn Witherspoon, Ph.D.

University of North Florida

Clinical Child Psychology Lab

- Lab member duties included:

- Collaborated in writing a National Institutes of Health R15 Grant to fund graduate and undergraduate research
- Contributed to the production of an empirical research article on suicidality in adolescent African American females (in review)
- Conducted empirical and theoretical literature reviews/searches
- Participated in weekly lab meetings

PUBLICATIONS:

Book Chapters

Raley, M. J., Weber, M. C., Lemon, C. E., & Schulenberg, S. E. (2020). The Disaster Sciences Interdisciplinary Minor at the University of Mississippi: Positive Psychology in Action. In S. Schulenberg et al. (Eds.), *Positive Psychological Approaches to Disaster*. Cham, Switzerland: Springer.

Grants

Raley, M. J., Gawlik, E. A., Lavin, P. A., Schulenberg, S. E., Drew, A., & McElreath, D. (2019). Researching the effectiveness of a community-based psychological first aid model at the University of Mississippi. *Disaster Resilience Flagship Constellation Seed Grant*. [Awarded \$9,000 03/2019]

Newsletters

Raley, M. J., Holland, C. F., Pomfrey, C. E., Lavin, P. A., Patel, S. N., Gawlik, E. A., & Schulenberg, S. E. (2018). Preparing for the Breach: Taking a First Step with the

Disaster Sciences Multidisciplinary Minor. *Disaster Resilience Flagship Constellation Newsletter*

Published Research Articles

Raley, M. J. (2017). *Social connectedness and social support in a military and civilian college population: Associations with psychological, physical and stress-related health outcomes*. UNF Theses and Dissertations. 739. <http://digitalcommons.unf.edu/etd/739>

PRESENTATIONS/ABSTRACTS:

Raley, M. J. (2017, April). College Reintegration Is Challenging, Especially for Veterans: Social Connectedness Improves Health Outcomes in the Military Student Population. Poster presented at the 16th Annual Showcase of Osprey Advancements in Research & Scholarship (SOARS), Jacksonville, FL.

Witherspoon, D., Jones, D., **Raley, M. J.**, Black, M. (2017, March). Suicidal Ideation in a Middle School Sample of African American Girls. Poster presented at the 63rd Southeastern Psychological Association (SEPA) Annual Convention, Atlanta, GA.

Raley, M. J., Bueno, J. S., Lange, L. J. & Copeland, J. (2016, May). Social Connectedness Trumps Social Support in Predicting Depression. Poster presented at the 28th Association for Psychological Science (APS) Annual Convention, Chicago, IL.

Raley, M. J., Bueno, J. S., Lange, L. J. & Copeland, J. (2016, April). Social Connectedness Trumps Social Support in Predicting Depression. Poster presented at the 15th Annual Showcase of Osprey Advancements in Research & Scholarship (SOARS), Jacksonville, FL.

TEACHING EXPERIENCE:

Teaching Assistant, Graduate Personality Assessment January 2020 – Present
University of Mississippi

- Trained first-year graduate students on clinical psychology assessment tools including the Mini International Neuropsychiatric Interview-V, Structured Clinical Interview for DSM-IV-TR Axis II Personality Disorders, Minnesota Multiphasic Personality Inventory-II, Diagnostic Interview for ADHD in adults, and Connor's Continuous Performance Test-III
- Educated students on proper clinical intake procedures including reviewing informed consent and limits to confidentiality
- Instructed on completing mental status exams and suicide assessments with safety plans
- Provided clear and concise feedback on therapeutic techniques and written reports

Teaching Assistant, Graduate Cognitive Assessment August 2019 – December 2019
University of Mississippi

- Conducted workshops to train first-year graduate students on cognitive assessment tools including Wechsler Adult Intelligence Scale-IV, Wechsler Individual Achievement Scale-III, Wide Range Achievement Test-IV, Kaufman Brief Intelligence Test-II, and Mini Mental Status Examination
- Observed mock assessments and provided feedback
- Reviewed written reports

Teaching Assistantship

- General Psychology, PSY 201 Fall 2018
University of Mississippi
Instructor: Lucy Leslie, Ph.D.
 - Provided tutoring during study sessions
 - Proctored exams
- Introduction to Psychology, PSY 2012 Fall 2017
University of North Florida
Instructor: Lori Lange, Ph.D.
 - Lectured on Classical Conditioning, Operant Conditioning and Observational Learning
 - Managed the gradebook and student progress for 126 students
 - Provided tutoring during study sessions
 - Proctored exams

Guest Lecturer

- Introduction to Psychology, PSY 2012 2017
University of North Florida
Instructor: Gabriel Ybarra, Ph.D.
 - Lectured on the Endocrine System
- Introduction to Psychology, PSY 2012 2017
University of North Florida
Instructor: Gabriel Ybarra, Ph.D.
 - Lectured on Neurons and Neuronal Transmission
- Psychology Research Methods, PSY 3214 2016
University of North Florida
Instructor: Lori Lange, Ph.D.
 - Lectured on experiments with multiple independent variables

HONORS/AWARDS:

- Biofeedback Certification International Alliance- Francine Butler Scholarship 2017
- Graduate Student Research Travel Grant 2016
- President's List- *University of North Florida* 2015
- Dean's List- *University of North Florida* 2014 - 2015
- Florida Bright Futures 2013 - 2015

KEY COMPETENCIES/SKILLS:

- Experienced in Administering/Interpreting Psychological Assessments (Wechsler Preschool and Primary Scale of Intelligence (WWPSI-IV), Wechsler Intellectual Scale

for Children (WISC-V), Wechsler Adult Intellectual Scale (WAIS-IV), Wechsler Individual Achievement Test (WIAT-III) & Woodcock-Johnson IV tests (WJ-Cognitive, WJ- Achieve, WJ- Oral Language), CCPT-2 and CCPT-3, MINI-5 and MINI-6, DIVA (adult ADHD), P-ChIPS, ChIPS, SCID-II, MMPI-2, MMPI-2RF, PIA, MPULSE, BASC-3

- Trained on conducting physiological assessments and tests on stress markers conducted by Dr. Keri Heilman
 - Trained on the following: Auditory processing, Assessment of normal hearing, Prosody, Affect recognition, Sensory Sensitivities, Social Behavior, Exercise, Baroreceptor Challenge
 - Auditory Intervention based on Principles of Polyvagal Theory, Heart Rate Monitoring, ECG electrodes
 - Edited and analyzed cardiac rhythms
 - Competent in Cardio Edit and Cardio Batch software
- Accomplished in using Biocom Heart Tracker Software for HRV training
- Proficient on Electrocardiogram and Electrodermal Skin Response
- Well versed in APA style protocols
- Skillful user of **Statistical Package for the Social Sciences-Version 26** (ANOVA, Bivariate Correlation, Regression, etc.)
 - Utilizing Hayes' Process Modeling Software to analyze moderation, mediation and serial mediation models

PROFESSIONAL EXPERIENCE:

Professional Development

- **Continuing Education Credits** March 2020
 - Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation – Segment 1
 - Telepsychology Best Practices 101: About the Technology- Video, Email, Text Messaging and Apps – Segment 2
 - Telepsychology Best Practices 101: Legal, Regulatory & Ethical Rules of the Road – Segment 3
 - Telepsychology Best Practices 101: Reimbursement Strategies & Marketing Your Professional Services Online – Segment 4
- **FEMA trainings** October 2018
 - ICS100c – Introduction to the Incident Command System
 - IS220b – Basic Incident Command System for Initial Response
 - IS700b – An Introduction to the National Incident Management System
- **Graduate Assistant/Instructor Training** August 2018
 - University of Mississippi
 - Hosted by Center for Excellence in Teaching and Learning and the Graduate School
- **Workshop: Institutional Review Board (IRB) Demonstration** 2015

Ad-Hoc Article Reviews

- Journal of Clinical Psychology 2018
- American Journal of Orthopsychiatry 2018

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| ▪ Journal of Professional Psychology: Research and Practice | 2018 |
| ▪ Journal of Applied Research in Quality of Life | 2018 |
| ▪ Journal of Annals of Behavioral Medicine | 2016 |
| ▪ Journal of Health Psychology | 2015 |
| ▪ Journal of Health Psychology | 2015 |
| ▪ Journal of Addictive Behaviors | 2015 |

PROFESSIONAL AND COMMUNITY MEMBERSHIPS/ASSOCIATIONS:

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| ▪ Mississippi Psychology Association, Student Member | 2019 - Present |
| ▪ American Psychological Association, Student Affiliate Member | 2016 - Present |
| ▪ American Psychological Association, Trauma, Division 56 | 2016 - Present |
| ▪ Society for Military Psychology, Division 19, Student Affiliate | 2016 - Present |
| ▪ Southeastern Psychological Association | 2016 - Present |
| ▪ American Psychological Science, Student Affiliate Member | 2015 - Present |
| ▪ Phi Kappa Phi Honor Society | 2015 - 2018 |
| ▪ Psi Chi Psychology Honor Society | 2014 - 2018 |
| ▪ Phi Theta Kappa Honor Society | 2013 - 2015 |
| ▪ Graduate Psychology Organization (GPO) | 2015 - Present |
| ▪ Graduate Student Organization (GSO) | 2015 - Present |
| ▪ UNF Member of Community Connections in Psychology | 2015 - 2017 |
| ▪ UNF's Student Liaison- Clay County's Head Start Program | 2014 |

REFERENCES:

References Available Upon Request