

# Brittany Hampton

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## EDUCATION

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- Anticipated May 2027 **Doctor of Philosophy in Clinical Psychology**  
University of Mississippi, Oxford, MS  
Advisor: Dr. Stefan Schulenberg
- 2019 **Bachelor of Arts in Psychology & Spanish**  
Marist College, Poughkeepsie, NY  
Minor: Global Studies  
GPA: 3.99  
Honors Thesis: *“Ooh What Did You Get?” The Effects of Mood and Self-Esteem on Social Comparison Processes*  
Supervisor: Dr. Jason Trent
- Fall 2017 **Universidad Carlos III de Madrid**, Getafe, Spain

## RESEARCH EXPERIENCE

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- 2019-2021 **Research Health Science Specialist**  
*Center for Integrated Healthcare, Syracuse VA Medical Center, NY*  
Supervisors: Dr. Emily Johnson and Dr. Kyle Possemato
- Support clinical research focusing on the development of brief, integrated, behavioral health treatments for Veterans in primary care settings
  - Conduct phone-based recruitment, eligibility screenings, and baseline interviews
  - Track patients over time to coordinate and conduct follow-up assessments
  - Perform data entry, data cleaning, and data analysis tasks
  - Monitor and prepare reports on data collection efforts for lab meetings
  - Assist with systematic literature review of primary care-based PTSD interventions
  - Prepare and edit written materials for IRB, grant, and manuscript submissions
- 2018 **National Science Foundation REU Fellow**  
*Undergraduate Trauma Research Training Program, Syracuse University, NY*  
Supervisor: Dr. Matthew Dykas
- Completed a 4-week training through the National Science Foundation (NSF) funded Research Experiences for Undergraduates (REU) Fellowship
  - Attended courses on the neurobiological, psychological, and physiological aspects of trauma as well as advanced courses in research methods and statistics
  - Designed independent project which examined the relationship between childhood trauma, combat exposure, and PTSD symptomatology in a sample of veterans
  - Collaborated with an interdisciplinary team on a group project assessing PTSD and cardiovascular disease
- 2018-2019 **Primary Investigator**  
*Honors Thesis, Marist College, NY*  
Supervisor: Dr. Jason Trent
- Conducted literature review, generated hypotheses, and developed procedures
  - Independently learned new software to build experiment and design study materials
  - Scheduled students and assigned credit via SONA Systems Participant Management
  - Obtained consent and administered computer-based task in SuperLab

- Collected data in Excel and analyzed using a binary logistic regression test in SPSS
- Awarded 1<sup>st</sup> place for paper presentation at Hudson Valley Undergraduate Psychology Conference

2016-2019

**Research Assistant***Marist College, NY*

Supervisors: Dr. Kristin Jay, Dr. Kimery Levering, Dr. Jason Trent

- Assisted with data collection phase for multiple professors' research studies
- Scheduled participants and assigned credit via SONA Systems
- Obtained consent and administered computer-based experiments and questionnaires using a variety of software (i.e., SuperLab, Qualtrics, SurveyMonkey)
- Collected and processed physiological data for galvanic skin response (GSR) using finger electrodes and LabScribe software
- Trained research staff members on how to operate GSR equipment
- Input and analyzed data with Microsoft Excel and SPSS
- Collaborated with research teams to create conference abstract submissions and posters and presented posters on behalf of research team at regional conferences

2018-2019

**Research Assistant***University of Hartford, CT*

Supervisor: Dr. Lauren Sala

- Remotely assisted with a PhD dissertation by transcribing interviews between participant and researcher, coding interviews in NVivo12, and writing results

2016

**Primary Investigator***Honors-by-contract research project, Marist College, NY*

Supervisor: Dr. Michael O'Sullivan

- Engaged in archival research at the United States Holocaust Memorial Museum and gathered testimonies from Holocaust survivors and perpetrators to support thesis

**TEACHING EXPERIENCE**

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Fall 2018

**Teaching Assistant***PSYC 350- Research Methods I, Marist College, NY*

- Developed course materials, graded assignments, held weekly office hours and test review sessions, tutored students one-on-one by appointment
- Assisted students in learning course content involving statistical problem-solving, data analysis, scientific writing, and development of research projects

**CLINICAL EXPERIENCE**

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2019

**Peer Mentor***Challenge to Change, NY/Gaza*

- Engaged in weekly video sessions focused on emotional support, career development, intercultural exchange, and language proficiency with an Arabic university student living in the Gaza Strip

- 2018-2019 **Specialist**  
*Basis Labs Inc., CA*
- Completed motivational interviewing (MI) training in order to provide 45-minute counseling sessions to clients using online video platform/mobile-phone application
  - Facilitated practice role-play sessions and evaluated progress of trainees
- 2018-2019 **Intern**  
*Family Services Center for Victim Safety & Support, NY*
- Completed NYS Rape Crisis Counselor training to operate crisis hotline
  - Advocated for crime victims by accompanying them to court and physical assault exams, assisting with legal paperwork, and connecting them to appropriate resources
- 2017 **Clerical Staff Member**  
*Sunrise Counseling Center, NY*
- Handled new patient intakes over telephone, scheduled therapy and medication management appointments, typed official letters for providers

## **PUBLICATIONS**

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- Johnson, E.M., Possemato, K., Martens, B.K., **Hampton, B.**, Wade, M., Chinman, M., & Maisto, S.A. (2021). Goal attainment among veterans with PTSD enrolled in peer-delivered whole health coaching: a multiple baseline design trial, *Coaching: An International Journal of Theory, Research and Practice*.
- Johnson, E. M., **Hampton, B.**, Barrie, K., & Possemato, K. (2021). Expanding access to psychosocial research studies during the COVID-19 pandemic through virtual modalities. *Families, Systems, & Health*. Advance online publication.

## **PRESENTATIONS**

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- Hampton, B., & Hadda, E.** (October, 2020). *From Poughkeepsie to Gaza: Displacement, Civic Engagement, and Cultural History*. Interactive roundtable panel participant at the annual meeting of the New York State Communication Association, New Paltz, NY.
- Hampton, B., & Trent, J.** (May, 2019). "Ooh what did you get?" *The effects of mood and self-esteem on social comparison processes*. Paper presented at the Hudson Valley Undergraduate Psychology Conference, Orangeburg, NY.
- Hampton, B., Bills, N., Cannon, M., Farrell, E., Heck, M., & McElheny, E.** (March, 2019). *The role of religiosity in college hookup behavior and attitudes*. Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.
- Farrell, E., & **Hampton, B.** (March, 2019). *The relationship between identity clarity and social media habits in young adults*. Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.
- Hampton, B., & Dykas, M.** (November, 2018). *Combat exposure and PTSD: The contrasting moderational effects of emotional versus sexual abuse*. Poster presented at the annual meeting of the New England Psychological Association, Worcester, MA.

Miller, L., **Hampton, B.**, Delaney, A., & McGuire, R. (March, 2018). *The effect of suppression strategies on physiology and intrusive thoughts*. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

## **VOLUNTEER EXPERIENCE**

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- 2015-2019    **President**  
*Marist College Emerging Leaders Program*  
 Executed orientations for 300+ students, introduced prominent speakers at leadership workshops, and held weekly board meetings to implement feedback from members
- 2017-2019    **Global Outreach Leader**  
*Marist College Campus Ministry*  
 Attended annual service trips to community center in Merida, Mexico, oversaw group manual labor projects, organized fundraisers, and led prayers and reflections
- 2016-2019    **Advisory Board Member**  
*Marist College Campus Ministry*  
 Managed general meetings for approx. 1,000 students and designed student retreats
- 2018-2019    **Peer Poster Judge**  
*Marist College Psychology Department*  
 Reviewed students' Research Method II projects at annual in-house Psi Chi conference

## **SKILLS & CERTIFICATIONS**

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**Language:** Intermediate High Spanish (B2)

**Computer & Lab skills:** IRBNet, LabScribe, Microsoft Office (Access, Excel, PowerPoint, Word), NVivo12, Qualtrics, REDCap, SONA Systems Participant Management Software, SPSS, SuperLab, SurveyMonkey, collecting and processing physiological data for heart rate (HR) and galvanic skin response (GSR), transcribing

**Certifications:** NYS Department of Health Certified Rape Crisis Counselor (2018), CITI certified to conduct research on human participants (2019), Palouse Mindfulness Online MBSR Course Completion (2020); General Election Inspector (2020)

## **DISTINCTIONS**

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- 2015-2019    Marist College Honors Program
- 2015-2019    Dean's List, School of Social & Behavioral Sciences
- 2015-2019    Marist College Presidential Scholarship
- 2016-2018    Marist College Student Research Grant
- 2018            National Science Foundation REU Fellowship
- 2019            1<sup>st</sup> Place at the Hudson Valley Undergraduate Psychology Conference
- 2019            Marist College Merit Award
- 2019            Marist College Psychology Department Baccalaureate Award
- 2019            Marist College Hermitage Service Award

## **MEMBERSHIPS & AFFILIATIONS**

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- 2018-Present    Psi Chi (The International Honor Society in Psychology), *Member*
- 2017-Present    Sigma Delta Pi (National Spanish Honor Society), *Member*
- 2016-Present    National Society of Leadership & Success, *Member*
- 2015-Present    American Psychological Association, *Student Affiliate*