

**Jeffrey M. Pavlaci**  
(last updated January 2022)  
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## Education

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- 2017-present      **Doctor of Philosophy, Clinical Psychology (expected August 2023)**  
University of Mississippi; University, Mississippi (APA Accredited)  
Dissertation: *Assessing the effectiveness and utility of a mindfulness-based ecological momentary intervention in college students* (Proposed February 2021)  
Chair: Stefan Schulenberg, Ph.D.
- 2017-2019        **Master of Arts, Clinical Psychology**  
University of Mississippi; University, Mississippi (APA Accredited)  
Thesis: *Meaning, purpose, and experiential avoidance as predictors of valued behavior: An application of ecological momentary assessment*  
Chair: Stefan Schulenberg, Ph.D.
- 2013-2017        **Bachelor of Science, Psychology, Summa Cum Laude**  
Missouri State University; Springfield, Missouri  
Honors Thesis: *The effects of expressive writing on risky health behaviors, avoidance, and valued living*  
Chair: Ann Rost, Ph.D.

## Peer-Reviewed Publications

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15. **Pavlaci, J. M.**, Buchanan, E. M., McCaslin, S. E., Schulenberg, S. E., & Young, J. (in press). A systematic review of posttraumatic stress and resilience trajectories: Identifying predictors for future treatment of Veterans and service members. *Professional Psychology: Research and Practice*.
14. **Pavlaci, J. M.**, Kellum, K. K., & Schulenberg, S. E. (2021). Advocating for the use of restorative justice practices: Examining the overlap between restorative justice and behavior analysis. *Behavior Analysis in Practice*. Advance online publication. <https://doi.org/10.1007/s40617-021-00632-1>
13. Tkachuck, M. A., **Pavlaci, J. M.**, Raley, M. J., McCaslin, S. E., & Schulenberg, S. E. (2021). Validating military culture: The factor analysis of a military-related adaptation of acculturation in Veterans. *Psychological Services*. Advance online publication. <https://doi.org/10.1037/ser0000558>
12. Wang, K., Goldenberg, A., Dorison, C. A., Miller, J. K., Uusberg, A., Lerner, J. S., Gross, J. J., Agesin, B. B., Bernardo, M., Campos, O., Eduave, L., Grzech, K., Ozery, D. H., Jackson, E. A., Luis Garcia, E. O., Drexler, S. M., Jurković, A. P., Rana, K., Wilson, J. P.,...**Pavlaci, J. M.**...Moshontz, H. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*. Advance online publication. <https://doi.org/10.1038/s41562-021-01173-x>
11. Buchanan, E. M., Valentine, K. D., & **Pavlaci, J. M.** (2021). Hypothesize once, plan twice.

- Academia Letters*, 1274. <https://doi.org/10.20935/AL1274>
10. **Pavlicic, J. M.**, Schulenberg, S. E., & Buchanan, E. M. (2021). Experiential avoidance and meaning in life as predictors of valued living: A daily diary study. *Journal of Prevention and Health Promotion*, 2(1), 135-139. <https://doi.org/10.1177/2632077021998261>
  9. **Pavlicic, J. M.**, Schulenberg, S. E., Pan, C., Payne, T. J., Williams, D. C., & Mann, J. R. (2021). Psychological correlates of smoker's identity in adults reporting mental health diagnoses. *Journal of Substance Use*, 26(5), 558-565. <https://doi.org/10.1080/14659891.2020.1862324>
  8. **Pavlicic, J. M.**, & Young, J. (2020). Process-Based Cognitive Behavioral Therapy: A framework for conceptualization and treatment. *Clinical Case Studies*, 19(6), 456-472. <https://doi.org/10.1177/1534650120951858>
  7. **Pavlicic, J. M.**, Dixon, L. J., Schulenberg, S. E., & Buchanan, E. M. (2020). Examining daily-level associations between nightly alcohol use and next-day valued living in college students. *Journal of American College Health*. Advance online publication. <https://doi.org/10.1080/07448481.2020.1785473>
  6. Boullion, G. Q., **Pavlicic, J. M.**, Schulenberg, S. E., Steger, M. F., & Buchanan, E. M. (2020). Meaning, social support, and resilience predict posttraumatic growth among survivors of the August 2016 Louisiana flooding. *American Journal of Orthopsychiatry*, 90(5), 578-585. <https://doi.org/10.1037/ort0000464>
  5. Finkelstein-Fox, L., **Pavlicic, J. M.**, Schulenberg, S. E., Buchanan, E. M., & Park, C. L. (2020). Valued living in daily experiences: Relations with meaning, mindfulness, psychological flexibility, and stressors. *Cognitive Therapy and Research*, 44, 300-310. <https://doi.org/10.1007/s10608-019-10062-7>
  4. Weber, M. C., **Pavlicic, J. M.**, Gawlik, E. A., Schulenberg, S. E., & Buchanan, E. M. (2020). Modeling resilience, meaning in life, posttraumatic growth, and disaster preparedness with two samples of tornado survivors. *Traumatology*, 26(3), 266-277. <https://doi.org/10.1037/trm0000210>
  3. **Pavlicic, J. M.**, Buchanan, E. M., Maxwell, N. P., Hopke, T. G., & Schulenberg, S. E. (2019). A meta-analysis of expressive writing on posttraumatic stress, posttraumatic growth, and quality of life. *Review of General Psychology*, 23(2), 230-250. <https://doi.org/10.1177/1089268019831645>
  2. Buchanan, E. M., Foreman, R. E., Johnson, B. N., **Pavlicic, J. M.**, Swadley, R. L., & Schulenberg, S. E. (2018). Does the delivery matter? Examining randomization at the item level. *Behaviormetrika*, 45(2), 295-316. <https://doi.org/10.1007/s41237-018-0055-y>
  1. **Pavlicic, J. M.**, Harvey, S., Culp, M., Cathey, C. L., & Buchanan, E. M. (2018). A historical perspective of undergraduate learning assistants at Missouri State University. *Modern Psychological Studies*, 23(2), 1-18.

## Manuscripts Under Review

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3. **Pavlicic, J. M.**, Weber, M. C., Torres, V. A., Ho, L. Y., Buchanan, E. M., & Schulenberg, S. E. (2021). *Discrimination, meaning, self-efficacy, and social support predict trajectories of peri-pandemic growth and resilience for marginalized university students*. [Manuscript submitted for publication]. Department of Psychology, University of Mississippi.
2. Bago, B., Kovacs, M., Protzko, J., Nagy, T., Kekecs, Z., Palfi, B., Adamkovič, M., Adamus, S., Albalooshi, S., Albayrak-Aydemir, N., Alper, S., Álvarez Solas, S., Alves, S., Amaya,

- S., Andresen, P., Anjum, G., Ansari, D., Arriaga, P., Aruta, J. J. B.,...**Pavlicic, J. M.**...Aczel, B. (2021). Moral thinking across the world: Exploring the influence of personal force and intention in moral dilemma judgements. *Nature Human Behaviour*.
1. Legate, N., Nguyen, T. T., Weinstein, N., Moller, A. C., Legault, L., Maniaci, M. R., Ebersole, C. R., Adamkovič, M., Adetula, G. A., Agesin, B. B., Ahlgren, L., Akkas, H., Almeida, I. A. T., Anjum, G., Antoniadi, M., Arinze, A. I., Arvanitis, A., Rana, K., Badalyan, V.,...**Pavlicic, J. M.**...Žuro, B. (2021). *A global experiment on motivating social distancing during the COVID-19 pandemic* [Manuscript submitted for publication and invited for resubmission with revisions]. Department of Psychology, Illinois Institute of Technology.

## Manuscripts In Preparation

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2. Weber, M. C., **Pavlicic, J. M.**, Ho, L. Y., Torres, V. A., Buchanan, E. M., & Schulenberg, S. E. *Collective and self-efficacy facilitate disaster and pandemic preparedness or mitigation behaviors, but fear does not*. Department of Psychology, University of Mississippi.
1. Buchanan, E. M., Lewis, S., Paris, B., Forscher, P., **Pavlicic, J. M.**, & Bashears, J. *PSACR: The psychological science accelerator's COVID-19 rapid-response dataset*. Harrisburg University of Science and Technology.

## Book Chapters

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2. Liberto, A. K., **Pavlicic, J. M.**, & Schulenberg, S. E. (2018). The Great Atlanta Fire (1917). In D. H. McElreath, D. A. Doss, R. Nations, J. M. Van Slyke, C. J. Jensen, B. R. Russo, R. C. Tesiero, S. E. Schulenberg, L. S. McElreath, A. Wellman, & A. M. Lindsley (Eds.), *Disasters that shaped emergency management: Case studies for the homeland security/emergency management professional* (pp. 135-140). Kendall Hunt.
1. **Pavlicic, J. M.**, Gawlik, E. A., & Schulenberg, S. E. (2018). The 1995 Chicago Heat Wave. In D. H. McElreath, D. A. Doss, R. Nations, J. M. Van Slyke, C. J. Jensen, B. R. Russo, R. C. Tesiero, S. E. Schulenberg, L. S. McElreath, A. Wellman, & A. M. Lindsley (Eds.), *Disasters that shaped emergency management: Case studies for the homeland security/emergency management professional* (pp. 53-59). Kendall Hunt.

## Grant/Research Funding Experience

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| 2022-present | <b>Misophonia Research Fund Grant</b><br><i>Role:</i> Protocol Assessor<br><i>Title:</i> Advancing the characterization and assessment of Misophonia through laboratory and populations-based research<br><i>Direct Costs:</i> \$399986 (project ongoing) |
| 2019-present | <b>Disaster Resilience Flagship Constellation</b><br>University of Mississippi<br><i>Role:</i> Graduate Research Assistant  |

*Title:* Researching the effectiveness of a community-based psychological first aid model at the University of Mississippi  
*Direct Costs:* \$9000 (project ongoing)

2020-2021

**Natural Hazards Center/National Science Foundation Quick Response Grant**

National Science Foundation Award #1635593

University of Colorado Boulder/National Science Foundation

*Role:* Co-Principal Investigator

*Title:* Trajectories of international student psychological functioning and pandemic preparedness during COVID-19

*Direct Costs:* \$3240 (project completed)

2018

**Disaster Resilience Flagship Constellation**

University of Mississippi

*Role:* Graduate Research Assistant

*Title:* Building self-efficacy and collective efficacy, and accurate threat perception to increase individual disaster preparedness actions

*Direct Costs:* \$10,000 (project not funded)

## Symposia and Oral Presentations

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8. Weber, M. C., **Pavlicic, J. M.**, Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2021, July 15-17). *Collective efficacy and accurate threat perception facilitate pandemic preparedness and prevention efforts among international students during COVID-19* [Paper presentation]. The International Positive Psychology Association 7<sup>th</sup> World Congress on Positive Psychology.
7. **Pavlicic, J. M.**, Schulenberg, S. E., & Buchanan, E. M. (2020, November 17-22). Meaning, purpose, and experiential avoidance as predictors of valued behavior: A daily diary study. In S. C. Hayes & T. B. Kashdan (Discussant & Chair), *New research directions at the interface of values and psychopathology* [Symposium]. Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA, United States.
6. **Pavlicic, J. M.**, Weber, M. C., Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2020, July 12-15). *Trajectories of psychological functioning and pandemic preparedness for students quarantined during the COVID-19 pandemic* [Paper presentation]. Hazards Workshop and Research Meeting of the Natural Hazards Center 45<sup>th</sup> Annual Meeting.
5. **Pavlicic, J. M.**, Kellum, K. K., & Schulenberg, S. E. (2019, May 23-27). Restorative justice within the context of professional organizations; Is RJ the way? In E. K. Sandoz (Discussant), *Behavior analysis and restorative justice: Birds of a feather?* [Symposium]. Association for Behavior Analysis International 45<sup>th</sup> Annual Convention, Chicago, IL, United States.
4. Finkelstein-Fox, L., **Pavlicic, J. M.**, Schulenberg, S. E., Buchanan, E. M., & Park, C. L. (2019, May 23-26). Daily stressors and values adherence: Protective effects of coping and emotion regulation resources. In C. L. Park (Chair), *Integrating perspectives on stress processes: The overlapping and unique roles of coping and emotion regulation* [Symposium]. Association for Psychological Science 31<sup>st</sup> Annual Convention,

Washington, DC, United States.

3. Weber, M. C., Gawlik, E. A., March, K. E., **Pavlicic, J. M.**, Schulenberg, S. E., & Buchanan, E. M. (2018, April 29). *Gender differences in resilience, meaning, and purpose using factor-analytic techniques and scale scores* [Paper presentation]. ResilienceCon Annual Convention, Nashville, TN, United States.
2. **Pavlicic, J. M.**, Schulenberg, S. E., Buchanan, E. M., & Boullion, G. Q. (2018, April 13). *Predicting mindfulness behaviors from values progression using ecological momentary assessment* [Paper presentation]. University of Mississippi Psychology Research Day 5<sup>th</sup> Annual Convention, Oxford, MS, United States.
1. **Pavlicic J. M.**, Culp, M., & Harvey, S. (2015, November 8). *Using undergraduate learning assistants to personalize the large class size* [Paper presentation]. Missouri Undergraduate Psychology Conference Annual Meeting, St. Louis, MO, United States.

## Poster Presentations

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\*denotes mentored undergraduate student presenter

19. Lucas, K. A., Hampton, H., **Pavlicic, J. M.**, & Schulenberg, S. E. (2021, April 3-5). *Role of experiential avoidance in the relationship between resilience and posttraumatic stress* [Poster presentation]. ResilienceCon Annual Convention, Nashville, TN, United States.
18. **Pavlicic, J. M.**, Weber, M. C., Torres, V. A., Buchanan, E. M., & Schulenberg, S. E. (2021, November 18-21). *Trajectories of psychological functioning in international students during the COVID-19 pandemic* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Annual Convention, New Orleans, LA, United States.
17. Tinsley, D., **Pavlicic, J. M.**, Pruett, M., & Young, J. (2021, November 18-21). *Integrating telehealth services for opioid replacement patients at a local pain clinic* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Annual Convention, New Orleans, LA, United States.
16. **Pavlicic, J. M.**, Weber, M. C., Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2021, July 15-17). *It's never too late to start being resilient: A time-series study of social support and meaning in life among international students in the U.S. during the COVID-19 pandemic* [Poster presentation]. The International Positive Psychology Association 7<sup>th</sup> World Congress on Positive Psychology.
15. **Pavlicic, J. M.**, Buchanan, E. M., McCaslin, S. E., & Schulenberg, S. E. (2020, November 17-22). *A systematic review of posttraumatic stress and resilience trajectories and covariates in Veterans and service members* [Poster presentation]. Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA, United States.
14. **Pavlicic, J. M.**, Dixon, L. J., & Schulenberg, S. E. (2019, November 21-24). *Examining the temporal associations between nightly alcohol use and following-day valued living: A daily diary study* [Poster presentation]. Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Annual Convention, Atlanta, GA, United States.
13. **Pavlicic, J. M.**, Buchanan, E. M., & Schulenberg, S. E. (2018, May 24-28). *A meta-analysis of expressive writing on posttraumatic stress* [Poster presentation]. Association for Behavior Analysis International 44<sup>th</sup> Annual Convention, San Diego, CA, United States.
12. \*Gawlik, E. A., **Pavlicic, J. M.**, & Schulenberg, S. E. (2018, April 13). *Responding to Hurricane Harvey: A preliminary investigation into correlates of posttraumatic stress*

- disorder symptoms* [Poster presentation]. University of Mississippi Psychology Research Day 5<sup>th</sup> Annual Convention, Oxford, MS, United States.
11. Weber, M. C., **Pavlicic, J. M.**, Schulenberg, S. E., & Buchanan, E. M. (2017, July 13-16). *Meaning, self-efficacy, and posttraumatic growth in university students: A study of tornado impact and survivor resilience* [Poster presentation]. The International Positive Psychology Association 5<sup>th</sup> World Congress on Positive Psychology, Montreal, Québec, Canada.
  10. Weber, M. C., **Pavlicic, J. M.**, Schulenberg, S. E., & Buchanan, E. M. (2017, July 13-16). *Meaning, self-efficacy, and posttraumatic growth in university faculty and staff: A study of tornado impact and survivor resilience* [Poster presentation]. The International Positive Psychology Association 5<sup>th</sup> World Congress on Positive Psychology, Montreal, Québec, Canada.
  9. **Pavlicic, J. M.**, Buchanan, E. M., & Rost, A. (2017, March 30-April 2). *A meta-analysis of expressive writing on quality of life and posttraumatic growth* [Poster presentation]. Southwestern Psychological Association 12<sup>th</sup> Annual Convention, San Antonio, TX, United States.
  8. Harvey, S., **Pavlicic, J. M.**, & Sparks, J. (2017, March 30-April 2). *Impact of relationship priming on self-esteem and self-concept* [Poster presentation]. Southwestern Psychological Association 12<sup>th</sup> Annual Convention, San Antonio, TX, United States.
  7. **Pavlicic, J. M.**, Fallone, M. D., & Rost, A. (2016, June 4). *Effects of expressive writing on psychological distress in a substance abuse population* [Poster presentation]. Missouri Psychological Association Annual Meeting, Columbia, MO, United States.
  6. Chen, S., Battles, J. A., **Pavlicic, J. M.**, Stephens-Cantu, H. A., & Hudson, D. L. (2016, June 4). *The relationship between body dissatisfaction and intent to engage in dieting behaviors* [Poster presentation]. Missouri Psychological Association Annual Meeting, Columbia, MO, United States.
  5. **Pavlicic, J. M.**, Battles, J. A., Rost, A., & Fallone, M. D. (2016, April 8-10). *Effects of expressive writing on risky health behaviors, experiential avoidance, and valued living* [Poster presentation]. Southwestern Psychological Association 11<sup>th</sup> Annual Convention, Dallas, TX, United States.
  4. Chen, S., Stephens-Cantu, H. A., **Pavlicic, J. M.**, Hudson, D. L., & Whisenhunt, B. L. (2016, April 8-10). *Investigation into the relationship among mood, body dissatisfaction, and weight concern* [Poster presentation]. Southwestern Psychological Association 11<sup>th</sup> Annual Convention, Dallas, TX, United States.
  3. Bennett, B. L., Smith, J. M., Barnes, J. A., **Pavlicic, J. M.**, Whisenhunt, B. L., & Hudson, D. L. (2015, November 12-15). *Thin-ideal internalization as a mediator on the relationship between body-checking and body dissatisfaction* [Poster presentation]. Association for Behavioral and Cognitive Therapies 49<sup>th</sup> Annual Convention, Chicago, IL, United States.
  2. Barnes, J. A., Chen, S., Logan, K., **Pavlicic, J. M.**, Hudson, D. L., & Whisenhunt, B. L. (2015, April 10-12). *Body shame predicting body image avoidance when controlling for body dissatisfaction* [Poster presentation]. Southwestern Psychological Association 10<sup>th</sup> Annual Convention, Wichita, KS, United States.
  1. Bennett, B. L., Chen, S., Logan, K., **Pavlicic, J. M.**, Goldstein, C. M., Whisenhunt, B. L., & Hudson, D. L. (2015, April 10-12). *Examination of risky health behaviors as predictors of acceptance of cosmetic surgery* [Poster presentation]. Southwestern Psychological Association 10<sup>th</sup> Annual Convention, Wichita, KS, United States.

## Research Positions

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- 2017-present      **Graduate Research Assistant**  
Clinical-Disaster Research Center, University of Mississippi  
*Research Supervisor: Stefan Schulenberg, Ph.D.*
- 2016-present      **Graduate Research Assistant**  
Deciphering Outrageous Observations/Modeling Lab, Missouri State University  
*Research Supervisor: Erin Buchanan, Ph.D.*
- 2015-2017        **Undergraduate Research Assistant**  
ACT and Health Psychology Lab, Missouri State University  
*Research Supervisor: Ann Rost, Ph.D.*
- 2014-2017        **Undergraduate Research Assistant**  
Eating Disorder and Body Image Lab, Missouri State University  
*Research Supervisors: Danae Hudson, Ph.D., & Brooke Whisenhunt, Ph.D.*
- 2015-2016        **Undergraduate Research Assistant**  
Department of Psychology, Missouri State University  
*Research Supervisor: Christie Cathey, Ph.D.*

## Clinical Positions

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- 2021-present      **Psychological Assessment Coordinator**  
Psychological Assessment Clinic, University of Mississippi  
*Clinical Supervisor: Kristin Austin, Ph.D.*  
Overview: Conduct integrated assessments for adults. Train graduate students in assessment procedures and provide assessment didactics as needed. Serve as the initial contact for potential and scheduled assessments. Schedule, recruit, and promote clinic assessment services for integrated evaluations. Oversee administration, scoring, report writing, revisions, and feedback appointments. Peer review student-administered assessment technical protocols. Provide peer supervision as needed for graduate assessors. Coordinate with local community-based mental health service providers.
- 2020-present      **Clinical Research Assistant**  
Delta Autumn Clinical Consulting, LLC, Oxford, Mississippi  
*Clinical Supervisor: John Young, Ph.D.*  
Overview: Conduct bariatric pre-surgical evaluations and ADHD evaluations for adults. Interpret and write chronic pain assessment reports for spinal cord stimulators. Consolidate literature on clinical psychology

topics (e.g., best-practice clinical supervision, Process-Based Cognitive Behavioral Therapy, binge eating disorder) for continuing education modules through the Delta Autumn Training Academy. Film role play therapy videos pertaining to cognitive-behavioral treatments for continuing education modules.

2020-present

**Opioid Replacement Therapist**

Willow Pain and Wellness Clinic, Oxford, Mississippi

*Clinical Supervisor: John Young, Ph.D.*

Overview: Provide individual psychotherapy (i.e., Cognitive Behavioral Therapy [CBT], Acceptance and Commitment Therapy [ACT], Dialectical Behavior Therapy [DBT] skills) for adult patients undergoing opioid replacement therapy and who have co-occurring emotional problems, substance use, and chronic pain at an outpatient pain clinic. Track patient progress with evidence-based self-report measures assessing pain, substance use, sleep, and emotional difficulties.

2018-present

**Graduate Therapist**

Psychological Services Center, University of Mississippi

*Clinical Supervisors: Stefan Schulenberg, Ph.D., Scott Gustafson, Ph.D., ABPP, John Young, Ph.D., Danielle Maack, Ph.D., & Kristin Austin, Ph.D.*

Overview: Provide individual psychotherapy (i.e., CBT, ACT, DBT skills, positive psychological interventions) primarily to adults with a wide range of emotional difficulties. Conduct semi-structured clinical and diagnostic interviews and conceptualize cases prior to commencing therapy. Prepare patient progress notes and reports. Track patient progress with evidence-based self-report measures. Receive didactic training in various evidence-based interventions, such as CBT, ACT, DBT skills and methods, motivational interviewing, and positive psychological interventions. Supervise junior students using a tiered supervision model.

2020-2021

**Graduate Therapist**

University Counseling Center, University of Mississippi

*Clinical Supervisor: Michael Hirschel, Ph.D.*

Overview: Provided individual psychotherapy (CBT, ACT, DBT skills) to young adults with a wide range of emotional problems. Conducted initial intake assessments using semi-structured clinical interviews, conceptualized cases, and made diagnostic recommendations. Led mental health outreach activities.

2019-2020

**Clinical Assessment Practicum/Psychological Assessor**

Psychological Assessment Clinic, University of Mississippi

*Clinical Supervisor: Scott Gustafson, Ph.D., ABPP*

Overview: Conducted integrated psychological evaluations for child, adolescent, and adult community and university populations with diverse



presenting problems (e.g., specific learning disorders, fitness-for-duty determinations, ADHD, emotional/behavioral difficulties). Participated in weekly supervision meetings focused on case conceptualization, report writing, and clinical assessment didactics. Provided assessment feedback to patients.

2019-2020

**Clinical Therapist/Assessment Intern**

Stonewater Adolescent Recovery Center, Oxford, Mississippi

*Clinical Supervisor: Scott Gustafson, Ph.D., ABPP*

Overview: Conducted integrated evaluations for adolescent and young adult males with substance use and co-occurring emotional problems at a residential facility. Provided diagnostic and evidence-based treatment recommendations to a clinical team comprised of direct care staff and a psychiatrist, clinical psychologist, social worker, and licensed therapist. Provided assessment feedback to patients and family members as needed. Led weekly DBT skills group. Designed behavioral modification plans and provided individual CBT and ACT for patients at the request of the medical director.

2018-2019

**Graduate Therapist**

The Baddour Center, Senatobia, Mississippi

*Clinical Supervisor: Josh Fulwiler, Ph.D.*

Overview: Provided individual psychotherapy (i.e., CBT, ACT, DBT skills) adapted for adults with intellectual disabilities and various forms of cognitive impairment (e.g., traumatic brain injury) in a residential setting. Led social skills groups. Conducted dementia screener and tardive dyskinesia assessments. Designed and implemented behavior plans for patients.

2016

**Psychology Intern**

Cox Hospital Center for Addictions, Springfield, Missouri

*Clinical Supervisor: Tressa Moyle, LCSW*

Overview: Taught adult group psychoeducation sessions from an ACT model focused on values assessment and emotional barriers to valued living in a partial hospitalization and intensive outpatient program. Worked on a multidisciplinary team including substance use counselors, social workers, community support workers, case managers, nurses, psychologists, psychiatrists, and various support staff.

## **Teaching Positions**

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2020

**Lab Instructor of Record**

*Research Methods in Psychology, University of Mississippi*

2020

**Teaching Assistant**

*Disasters and Mental Health, University of Mississippi*

*Instructor: Stefan Schulenberg, Ph.D.*

2017                    **Teaching Assistant**  
*Advanced Psychological Statistics, Missouri State University*  
*Instructor: Erin Buchanan, Ph.D.*

2015-2016            **Undergraduate Learning Assistant**  
*Introductory Psychology, Missouri State University*  
*Instructors: Sarah McNew, Ph.D., & Ann Rost, Ph.D.*

## **Mentoring Experience**

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2020-present        **Peer Mentor**  
Graduate Peer Mentorship Program, University of Mississippi

2017-2019           **Undergraduate Thesis Mentor**  
Clinical-Disaster Research Center, University of Mississippi

*Victoria Mulvey-Active shooters on campus: Student perceptions and institutional recommendations at University of Mississippi*

*Emily Gawlik-Examining the impact of meaning and resilience on survivors' life satisfaction after Hurricane Harvey*

## **Relevant Workshops and Clinical Trainings**

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2021                    **The Role of Deliberate Practice in Fine-tuning Clinical Skills**  
Mississippi Psychological Association  
*Instructor: Danielle Maack, Ph.D.*

2021                    **Deliberate Practice for CBT**  
American Psychological Association Division 12  
*Instructors: James Boswell, Ph.D., & Tony Rousmaniere, Ph.D.*

2020                    **Telepsychology Best Practice Series**  
American Psychological Association  
*Instructor: Marlene Maheu, Ph.D.*

2019                    **Functional Analysis in Process-Based CBT**  
Association for Behavioral and Cognitive Therapies  
*Instructors: Stefan Hofmann, Ph.D., & Steven Hayes, Ph.D.*

2019                    **The Summer Institute: Preparing for a Career in the Armed Forces**  
Center for Deployment Psychology, Uniformed Services University  
*Instructors: Paula Domenici, Ph.D., & Libby Parins, Psy.D.*

- 2019                    **Making Your Job Easier-Using Applied Behavior Analysis**  
The Baddour Center  
*Instructor: Molly Campbell Arana*
- 2019                    **Trauma-Informed Care-Understanding How the Past Can Affect  
Future Behavior**  
The Baddour Center  
*Instructor: Stephen Bell, Ph.D.*
- 2018                    **Woodcock Johnson-IV Workshop**  
Psychological Assessment Clinic, University of Mississippi  
*Instructor: Shannon Sharp, Ph.D.*

### **Independent Ad Hoc Reviews**

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*Clinical Case Studies*  
*The Journal of Positive Psychology*  
*Addictive Behaviors*  
*Journal of Happiness Studies*  
*Journal of Clinical Psychology*  
*Mindfulness*  
*Psychological Trauma: Theory, Research, Practice, and Policy*  
*Behavior Research Methods*  
*Military Psychology*

### **Mentored Ad Hoc Reviews**

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*Journal of Contemporary Psychotherapy*  
*International Journal of Disaster Risk Reduction*  
*PLOS One*  
*Psychological Trauma: Theory, Research, Practice, and Policy*  
*Psychological Reports*  
*Professional Psychology: Research and Practice*  
*Applied Research in Quality of Life*  
*American Journal of Orthopsychiatry*  
*Journal of Clinical Psychology*  
*The Journal of Positive Psychology*

### **Professional Student Memberships**

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2021-present	International Positive Psychology Association
2021-present	American Psychological Association
2020-present	Society for Military Psychology
2019-present	Association for Behavioral and Cognitive Therapies
2020-2021	Association for Contextual Behavioral Science
2017-2019	Association for Behavior Analysis International
2015-2017	Southwestern Psychological Association

## **Awards and Honors**

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2017-present	Graduate Student Travel Award
2017-present	Graduate Research Assistantship
2021	Clinical Graduate Student Research Achievement Award
2020	University of Mississippi Graduate Student Achievement Award
2016	Departmental Distinction of Honors in Psychology
2015 & 2016	Maxwell Research Award
2015	Missouri Undergraduate Psychology Conference Presentation Award

## **Statistical Proficiencies**

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**Software:** *R*, JASP, SPSS

**Specialized Analyses:** Structural Equation Modeling, Multilevel Modeling, Latent Growth Mixture Modeling

## **Leadership/Service Experience**

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2020-present	Speaker Series Committee Member (University of Mississippi)
2016-2017	Associate Editor: Journal of Undergraduate Research (Missouri State University)
2016	Student Orientation/Registration Leader (Missouri State University)
2015-2016	University Ambassador (Missouri State University)
2015	Event Coordinator (Missouri State University)
2015	Campus Visit Coordinator (Missouri State University)