

Brittany Hampton

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ResearchGate: [researchgate.net/profile/Brittany-Hampton-2](https://www.researchgate.net/profile/Brittany-Hampton-2)

EDUCATION

- Anticipated May 2027 **Doctor of Philosophy in Clinical Psychology**
University of Mississippi, Oxford, MS
Advisor: Dr. Stefan Schulenberg
- 2019 **Bachelor of Arts in Psychology & Spanish**
Marist College, Poughkeepsie, NY
Minor: Global Studies
- Fall 2017 **Universidad Carlos III de Madrid**, Getafe, Spain

RESEARCH EXPERIENCE

- 2021-Present **Graduate Research Assistant**
Clinical-Disaster Research Center, University of Mississippi, MS
Supervisor: Dr. Stefan Schulenberg
- Assist with data collection for various lab projects
 - Review and collaborate on book chapters and articles prior to submission to publishers and professional journals
 - Areas of involvement:
 - COVID-19 disaster response
 - Veteran adaptation to civilian life
 - Positive psychology
- 2019-2021 **Research Health Science Specialist**
Center for Integrated Healthcare, Syracuse VA Medical Center, NY
Supervisors: Dr. Emily Johnson and Dr. Kyle Possemato
- Supported clinical research focusing on the development of brief, integrated, behavioral health treatments for Veterans in primary care settings
 - Conducted phone-based recruitment, eligibility screenings, and baseline interviews
 - Performed data entry, data cleaning, and data analysis tasks
 - Monitored and prepared reports on data collection efforts for lab meetings
 - Assisted with systematic literature review of primary care-based PTSD interventions
 - Prepared and edited written materials for IRB, grant, and manuscript submissions
- 2018 **National Science Foundation REU Fellow**
Undergraduate Trauma Research Training Program, Syracuse University, NY
Supervisor: Dr. Matthew Dykas
- Completed a 4-week training through the National Science Foundation (NSF) funded Research Experiences for Undergraduates (REU) Fellowship
 - Attended courses on the neurobiological, psychological, and physiological aspects of trauma as well as advanced courses in research methods and statistics
 - Designed independent project which examined the relationship between childhood trauma, combat exposure, and PTSD symptomatology in a sample of veterans
 - Collaborated with an interdisciplinary team on a group project assessing PTSD and cardiovascular disease

- 2018-2019 **Primary Investigator**
Honors Thesis, Marist College, NY
 Supervisor: Dr. Jason Trent
- Conducted literature review, generated hypotheses, and developed procedures
 - Independently learned new software to build experiment and design study materials
 - Scheduled students and assigned credit via SONA Systems Participant Management
 - Obtained consent and administered computer-based task in SuperLab
 - Collected data in Excel and analyzed using a binary logistic regression test in SPSS
 - Awarded 1st place for paper presentation at Hudson Valley Undergraduate Psychology Conference
- 2016-2019 **Research Assistant**
Marist College, NY
 Supervisors: Dr. Kristin Jay, Dr. Kimery Levering, Dr. Jason Trent
- Assisted with data collection phase for multiple professors' research studies
 - Scheduled participants and assigned credit via SONA Systems
 - Obtained consent and administered computer-based experiments and questionnaires using a variety of software (i.e., SuperLab, Qualtrics, SurveyMonkey)
 - Collected and processed physiological data for galvanic skin response (GSR) using finger electrodes and LabScribe software
 - Trained research staff members on how to operate GSR equipment
 - Input and analyzed data with Microsoft Excel and SPSS
 - Collaborated with research teams to create conference abstract submissions and posters and presented posters on behalf of research team at regional conferences
- 2018-2019 **Research Assistant**
University of Hartford, CT
 Supervisor: Dr. Lauren Sala
- Remotely assisted with a PhD dissertation by transcribing interviews between participant and researcher, coding interviews in NVivo12, and writing results

TEACHING EXPERIENCE

- Fall 2021-present **Teaching Assistant**
PSYC 201- Introduction to Psychology, University of Mississippi, MS
- Fall 2018 **Teaching Assistant**
PSYC 350- Research Methods I, Marist College, NY

CLINICAL EXPERIENCE

- 2022-present **Graduate Student Therapist**
Psychological Services Center (PSC), University of Mississippi, MS
Clinical Supervisor: Stefan Schulenberg, Ph.D.
- Conduct semi-structured clinical and diagnostic interviews
 - Monitor patient progress with evidence based self-report measures
 - Provide individual psychotherapy to adults using evidence based interventions (i.e., CBT, DBT skills, motivational interviewing) and conceptualize cases

- 2022-present **Psychological & Behavioral Services Intern**
North Mississippi Regional Center (NMRC), MS
Clinical Supervisor: Melinda Redding, Ph.D.
- Provide individual counseling to residential clients with intellectual/developmental disabilities (e.g., Prader-Willi Syndrome and Lesch-Nyhan Syndrome)
 - Conduct various full-battery assessments (e.g., intellectual and achievement testing, adaptive functioning interviewing, functional behavior assessments)
- 2019 **Peer Mentor**
Challenge to Change, NY/Gaza
- Engaged in weekly video sessions focused on emotional support, career development, intercultural exchange, and language proficiency with an Arabic university student living in the Gaza Strip
- 2018-2019 **Specialist**
Basis Labs Inc., CA
- Completed motivational interviewing (MI) training in order to provide 45-minute counseling sessions to clients using online video platform/mobile-phone application
 - Facilitated practice role-play sessions and evaluated progress of trainees
- 2018-2019 **Intern**
Family Services Center for Victim Safety & Support, NY
- Completed NYS Rape Crisis Counselor training to operate crisis hotline
 - Advocated for crime victims by accompanying them to court and physical assault exams, assisting with legal paperwork, and connecting them to appropriate resources
- 2017 **Clerical Staff Member**
Sunrise Counseling Center, NY
- Handled new patient intakes over telephone, scheduled therapy and medication management appointments, typed official letters for providers

PUBLICATIONS

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- Hampton, B.**, Johnson, E.M., Buckheit, K., Knowlton, P., Possemato, K. (2022). Primary care veteran preferences for receiving information about mental health services: Cross-sectional survey. *Journal of Veterans Studies*.8(3), 70-78. <https://doi.org/10.21061/jvs.v8i3.340>
- Johnson, E.M., Poleshuck, E., Possemato, K., **Hampton, B.**, Funderburk, J.S., Grewal, H., Cerulli, C., & Wittink, M. (2022). Practical and emotional peer support tailored for life's challenges: Personalized Support for Progress (PSP) Randomized Clinical Pilot Trial in a VHA Women's Clinic. *Military Medicine*. Advance online publication. <https://doi.org/10.1093/milmed/usac164>
- Johnson, E.M., Possemato, K., Martens, B.K., **Hampton, B.**, Wade, M., Chinman, M., & Maisto, S.A. (2021). Goal attainment among veterans with PTSD enrolled in peer-delivered whole health coaching: a multiple baseline design trial. *Coaching: An International Journal of Theory, Research and Practice*. Advance online publication. <https://doi.org/10.1080/17521882.2021.1941160>

Johnson, E. M., **Hampton, B.**, Barrie, K., & Possemato, K. (2021). Expanding access to psychosocial research studies during the COVID-19 pandemic through virtual modalities. *Families, Systems, & Health*. 39(3), 488-492. <https://doi.org/10.1037/fsh0000599>

PRESENTATIONS

Lucas, K., **Hampton, B.**, Fortner, S.R.M., Pavlacic, J. M., & Schulenberg, S. E. (April, 2022). *Role of experiential avoidance in the relationship between resilience and post-traumatic stress.***

Poster presented at ResilienceCon (virtual).

****This poster received an Honorable Mention award for being among the top two posters in its category.**

Johnson, E.M., Possemato, K., Chinman, M., True, J. G., Hedges, J., **Hampton, B.**, Edelman, J.E., Maisto, S.A. (December, 2021). *Designing Whole Health STEPS for dissemination: Using stakeholder feedback to develop a peer-delivered integrated primary care wellness intervention.* Poster presented at AcademyHealth's annual Conference on the Science of Dissemination and Implementation in Health (virtual).

Hampton, B., Johnson, E. M., Knowlton, P., Possemato, K. (November, 2021). *Exploring veterans' preferences for receiving mental health information.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies (virtual).

Hampton, B., & Hadda, E. (October, 2020). *From Poughkeepsie to Gaza: Displacement, Civic Engagement, and Cultural History.* Interactive roundtable panel participant at the annual meeting of the New York State Communication Association, New Paltz, NY.

Hampton, B., & Trent, J. (May, 2019). "Ooh what did you get?" *The effects of mood and self-esteem on social comparison processes.* Paper presented at the Hudson Valley Undergraduate Psychology Conference, Orangeburg, NY.

Hampton, B., Bills, N., Cannon, M., Farrell, E., Heck, M., & McElheny, E. (March, 2019). *The role of religiosity in college hookup behavior and attitudes.* Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.

Farrell, E., & **Hampton, B.** (March, 2019). *The relationship between identity clarity and social media habits in young adults.* Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.

Hampton, B., & Dykas, M. (November, 2018). *Combat exposure and PTSD: The contrasting moderational effects of emotional versus sexual abuse.* Poster presented at the annual meeting of the New England Psychological Association, Worcester, MA.

Miller, L., **Hampton, B.**, Delaney, A., & McGuire, R. (March, 2018). *The effect of suppression strategies on physiology and intrusive thoughts.* Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

SERVICE

Fall 2022-present **Communications Committee Member**
Department of Psychology, University of Mississippi, MS

Spring 2022- **Student Co-Chair**
 present *Trauma, Health and Primary Care SIG of the International Society of Traumatic Stress Studies*

Spring 2022 **Statistics Tutor**
PSYC 202- Statistics for Behavioral Sciences, University of Mississippi, MS

MENTORED AD-HOC REVIEWS

Journal of Clinical Psychology

Journal of Constructivist Psychology

Journal of Positive Psychology

Psychological Trauma: Theory, Research and Practice

SKILLS & CERTIFICATIONS

Language: Intermediate High Spanish (B2)

Computer & Lab skills: IRBNet, LabScribe, Microsoft Office (Access, Excel, PowerPoint, Word), NVivo12, Qualtrics, REDCap, SONA Systems Participant Management Software, SPSS, SuperLab, SurveyMonkey, collecting and processing physiological data for heart rate (HR) and galvanic skin response (GSR), transcribing

Certifications: NYS Department of Health Certified Rape Crisis Counselor (2018), CITI certified to conduct research on human participants (2019), Palouse Mindfulness Online MBSR Course Completion (2020); General Election Inspector (2020)

AWARDS

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| 2022 | Honorable Mention Poster Presentation Award at ResilienceCon |
| 2015-2019 | Marist College Honors Program |
| 2015-2019 | Dean's List, School of Social & Behavioral Sciences |
| 2015-2019 | Marist College Presidential Scholarship |
| 2016-2018 | Marist College Student Research Grant |
| 2018 | National Science Foundation REU Fellowship |
| 2019 | 1 st Place at the Hudson Valley Undergraduate Psychology Conference |
| 2019 | Marist College Merit Award |
| 2019 | Marist College Psychology Department Baccalaureate Award |
| 2019 | Marist College Hermitage Service Award |

MEMBERSHIPS & AFFILIATIONS

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| 2022-Present | Mississippi Psychological Association, <i>Member</i> |
| 2018-Present | Psi Chi (The International Honor Society in Psychology), <i>Member</i> |
| 2017-Present | Sigma Delta Pi (National Spanish Honor Society), <i>Member</i> |
| 2016-Present | National Society of Leadership & Success, <i>Member</i> |
| 2015-Present | American Psychological Association, <i>Student Affiliate</i> |