

# ALEXIS K. LIBERTO, PH.D.

CLINICAL PSYCHOLOGIST - Updated September 13, 2022

## CONTACT

ALEXIS.LIBERTO@OCHSNER.ORG

[linkedin.com/in/alexis-liberto/](https://www.linkedin.com/in/alexis-liberto/)

[publons.com/researcher/  
3003082/alexis-liberto](https://publons.com/researcher/3003082/alexis-liberto)

## RESEARCH INTERESTS

ADOLESCENTS

EMERGING ADULTHOOD

PEDIATRIC PSYCHOLOGY

INTEGRATED HEALTH CARE

PEDIATRIC LIVER TRANSPLANT

PEDIATRIC CARDIOLOGY TRANSPLANT

SOLID ORGAN TRANSPLANT

HEMATOLOGY-ONCOLOGY

POSITIVE PSYCHOLOGY

MEANING MAKING

PURPOSE IN LIFE

STRENGTH-BASED INTERVENTIONS

EXECUTIVE FUNCTIONING

## EDUCATION & TRAINING

### POST-DOCTORAL FELLOWSHIP

#### *Pediatric Psychology*

Ochsner Hospital for Children  
(New Orleans, LA)

11/2021 - Present

### PRE-DOCTORAL INTERNSHIP (APA-Accredited)

#### *Priority Behavioral Health Internship Consortium*

Rochester Institute of Technology  
(Rochester, NY)

7/2020 - 6/2021

### DOCTOR OF PHILOSOPHY / CLINICAL PSYCHOLOGY (APA-Accredited)

University of Mississippi (Oxford, MS)

2015-2021

### MASTER OF ARTS / GENERAL EXPERIMENTAL PSYCHOLOGY

St. John's University (Queens, NY)

2013-2015

### BACHELOR OF ARTS / PSYCHOLOGY

Hawai'i Pacific University (Honolulu, HI)

2008-2012

### DISSERTATION (University of Mississippi)

TITLE: *Executive Functioning and Purpose in Life Among Emerging Adults in College*

COMMITTEE: Stefan E. Schulenberg, Ph.D., (Chair)  
Stephanie E. Miller, Ph.D.  
Scott A. Gustafson, Ph.D., ABPP  
Toshikazu Ikuta, Ph.D.

### THESIS (St. John's University)

TITLE: *Identifying the Cultural Breaking Points That Lead to Domestic Violence Between Homogenously Cultured Communities*

COMMITTEE: Raphael Art. Javier, Ph.D., ABPP (Chair)  
Raymond A. DiGiuseppe, Ph.D.

## EVIDENCE-BASED INTERVENTION EXPERIENCE

Cognitive Behavioral Therapy (CBT)  
Acceptance and Commitment Therapy (ACT)  
Dialectical Behavioral Therapy (DBT)  
Prolonged Exposure (PE)  
Functional Behavior Analysis (FBA)  
Social skills training  
Trauma-Focused CBT (TF-CBT)

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## CLINICAL EXPERIENCE

### **POST-DOCTORAL FELLOWSHIP / Ochsner Hospital for Children – Pediatric Psychology (over 2,000 hours)**

*October 2021 – Present*

- Evidence-based therapy with pediatric patient referred by multi-disciplinary providers to pediatric integrated psychology team at Ochsner's main campus' outpatient pediatric health clinic (maintained approx. 25 patient caseload)
- Consulting/liaison work with pediatric inpatient population at Ochsner's main campus (PICU and acute)
- Screening and consulting with pediatric solid organ transplant (SOT) teams (liver and heart) and hematology/oncology (hem/onc) teams
  - Participation in weekly Pediatric Liver Transplant Clinic
  - Biweekly participation in Adolescent/Young Adult (AYA) hem/onc Clinic
  - Monthly participation in After Cancer Experience (ACE) Clinic
  - Evidenced-based short-term therapy interventions with SOT and hem/onc patients pre- and post-treatment hospitalizations
- Attended Ochsner's weekly Pediatric Grand Rounds
- Shadowed 4 pediatric multidisciplinary teams (3 months each)
  - Cardiology
  - Gastroenterology
  - Hem/Onc
  - Primary Care (Ochsner's Westside Pediatric Clinic in Marrero, LA)
- Medical resident training presentations on pediatric psychology (3x/year)

### **PRE-DOCTORAL INTERNSHIP / Rochester Institute of Technology's Priority Behavioral Health & Clinical Psychology Internship; Rochester Regional Health Systems (over 2,000 hours)**

*July 2020 – June 2021*

- Evidence-based therapy at adult outpatient mental health clinic (maintained approx. 30 patient caseload)
- Child/adolescent and adult cognitive assessment administration, scoring, and report writing
- Adolescent chemical dependency consultant/liaison
- Provided group and individual supervisor and mentorship to Mental Health Counseling (MHC) graduate students at Rochester Regional Health outpatient clinics
- Multidisciplinary team environment & integrated health care services
- Engagement in mental health services as well as telehealth services at local homeless shelter

### **DIRECTOR OF CLINICAL TRAINING'S ASSISTANT /**

*University of Mississippi's Clinical Psychology Department*

*July 2019 – June 2020*

- Assist/mentor program's new students in acclimating to graduate school, the community, etc.
- Organized administrative tasks for DCT (e.g., making spreadsheets, online surveys, scheduling staffing)
- Organized the psychology department graduate programs' "Interview Weekend" in Spring 2020
- Assisted in updating/completing accreditation necessities

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## **PRIMARY & TRANSITION RESIDENTIAL PROGRAM PRACTICUM THERAPIST / *Communicare's Chemical***

*Dependency Unit: Haven House (approx. 900 hours)*

*September 2018 – June 2019*

- Drug and alcohol inpatient treatment center
- Primary therapist for primary and transition program clients; held weekly individual therapy sessions with clients (maintained 6 patient caseload)
- Lead small group processing therapy sessions with primary clients (completing their first 30 days in treatment); groups separated by gender (approx. 12-15 clients per group): 2-3x/month
- Lead group therapy sessions for primary program clients (approx. 30 individuals): 2-3x/month
- Lead group therapy sessions for transition program clients (approx. 16 individuals completing 31-90 days in treatment): 1x/month

## **CLINICAL NEUROPSYCHOLOGY PRACTICUM STUDENT /**

*St. Jude Children's Research Hospital (approx. 900 hours)*

*September 2017 – Present*

- Supervised by clinical neuropsychologists, Darcy Raches, Ph.D. (Sep. 2017–Jan. 2018) and Heather Conklin, Ph.D. (Jan.–Aug. 2018) as well as post-doctoral fellow, Marita Partanen, Ph.D.
- Assisted in administering cognitive neuropsychology assessments of patients diagnosed with leukemia and various brain tumors
- Assisted in completing comprehensive neuropsychology reports
- Attended weekly Psychology Rounds didactics as well as bi-weekly Neuropsychology didactics
- Fall 2017 – Attended weekly Brain Tumor Conference discussion meetings

## **SCHOOL PSYCHOLOGIST ASSESSMENT ASSISTANT /**

*Psychological Assessment Center at the University of Mississippi (approx. 900 hours)*

*July 2016 – June 2017*

- Supervised by school psychologist Shannon Sharp, Ph.D.
- Administered cognitive, achievement, behavioral, and emotional assessment measures to evaluate and assist in determining students' special education services eligibility
- Worked with multidisciplinary teams to determine students' need in receiving either an Individualized Education Plan (IEP) and/or a Behavioral Intervention Plan (BIP)
- Administered cognitive testing for giftedness eligibility
- Administered group testing to the University of Mississippi student athletes to screen for any existing cognitive, educational, or emotional difficulties that warrant additional testing or extra support

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## **RESEARCH EXPERIENCE**

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### **INTERN RESEARCH ASSISTANT / *Rochester Institute of Technology's Priority Behavioral Health Consortium***

*July 2020 – Current*

- Conducted research with adolescent chemical dependency patients and therapists at Rochester Regional Health Systems using 3-D organ models developed at RIT
- Presented research at graduate showcase
- Worked on integrating technology-based aids into current evidence-based interventions

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## **GRADUATE RESEARCH ASSISTANT** / University of Mississippi's Clinical-Disaster Research Center (UM-CDRC) (approx. 800 hours)

August 2015 – July 2016

- Supervised by clinical psychologist, Stefan Schulenberg, Ph.D.
- Worked on various lab projects including development of surveys for the University's Incident Response Team (IRT) focusing on natural disaster preparedness and active shooters preparedness
- Reviewed book chapters and articles in preparation for submission to professional journals
- Updated the UM-CDRC website

## **PROJECT ASSISTANT** / *Autism Speaks*

Employed: January 2016 – June 2016; Interned: February 2015 – June 2015

- Supervised by Light It Up Blue (LIUB) project manager, Sophie Kondor
- Organized building and monument lists that participated in the Light It Up Blue initiative on the local and international levels on World Autism Awareness Day
- Organized social media reach and submitted photos from LIUB on World Autism Awareness Day

## **GRADUATE RESEARCH ASSISTANT** / St. John's University (approx. 350 hours)

August 2014 – May 2015

Supervised by clinical psychologist and thesis advisor, Rafael Javier, Ph.D., ABPP

- Assisted in organizing requirements for the Forensic Psychology Certificate available at SJU
- Assisted in organizing the 8<sup>th</sup> Biennial Adoption Initiative Conference held May 29-31, 2014 at SJU: *Sleeping Giants in Adoption: Power, Privilege, Politics, and Class*

## **UNDERGRADUATE RESEARCH ASSISTANT** / Hawai'i Pacific University (approx. 270 hours)

August 2014 – May 2015

Supervised by social psychologist and senior research project advisor, Katherine Aumer, Ph.D.

- Senior research project title (completed March 2012): *Children with Autism and the Gluten-Free, Casein-Free Diet: The Therapist/Counselor Perspective*
- Assisted in developing an online survey for a research study later published: *The influence of culture and gender on sexual self-schemas and satisfaction in romantic relationships*

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## PUBLICATIONS

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**Liberto, A. K.**, Johnson, E. T., & Schulenberg, S. E. (2020). Responding to Adolescents following Natural and Technological Disasters: The Essential Nature of Hope. In Schulenberg, S. E. (Ed.), *Disaster mental health and positive psychology*. New York, NY: Springer.

**Liberto, A. K.**, Pavlacic, J. M., & Schulenberg, S. E. (2018). The Great Atlanta Fire of 1917. In *Disasters that shaped emergency management: Case studies for the homeland security/emergency management professional*. Dubuque, IA: Kendall Hunt.

**Liberto, A. K.**, Pimperl, J., Buchanan, E. M., Deal, W. P., & Schulenberg, S. E. (2019, September 10). Development of the Impact of Event Scale-8 (IES-8): A study in serious mental illness. Retrieved from [osf.io/2pax7](https://osf.io/2pax7)

# ALEXIS K. LIBERTO, PH.D.

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## PRESENTATIONS

**Liberto, A. K.** (2022, July 23). *Brief Summary of 2021 Psychological Research Findings Relevant to Pediatric Care* [PowerPoint slides]. Ochsner Health, New Orleans, LA.

**Liberto, A. K.** (2020, November 10). *Adolescent Brain Development and Substance Use* [PowerPoint slides]. Rochester Regional Health, Rochester, NY.

**Liberto, A. K.** (2020, November 12). *Future integration of 3-D models into adolescent chemical dependency programs* [Poster presentation]. Rochester Institute of Technology Graduate Student Virtual Showcase, Rochester, NY. <https://bit.ly/369GrNU>

**Liberto, A. K.** (2018, June 25). *Genetic Predisposition Syndromes and Bilingualism: Consideration of Assessment Context* [PowerPoint slides]. Department of Psychology Weekly Rounds, St. Jude Children's Research Hospital.

**Liberto, A. K.,** Pimperl, J. W., Buchanan, E. M., Deal, W. P., & Schulenberg, S. E. (2017, November 9-11). *Development of the Impact of Event Scale-8 (IES-8): A study in serious mental illness* [Poster presentation]. International Society for Traumatic Stress Studies, Chicago, IL. <https://bit.ly/3n1QSJY>

**Liberto, A. K.,** Pimperl, J. W., Buchanan, E. M., Deal, W. P., & Schulenberg, S. E. (2017, April). *The Impact of Event Scale-6 (IES-6): A study in serious mental illness* [Paper presentation]. University of Mississippi Conference on Psychological Science, University, MS.

## PROFESSIONAL DEVELOPMENT

### ROUNDS, WEBINARS, & WORKSHOPS

- 2021-2022 Culturally Responsive TF-CBT via Telehealth for Latinx Youth and Families / Society of Clinical Child & Adolescent Psychology  
Ochsner Hospital for Children's weekly pediatric Grand Rounds  
Preparing Our Pediatric Patients for the Future Webinar Series: Current Challenges Faced Today and Strategies to Empower Our Youth / International Pediatric Transplant Association (IPTA) & Society for Pediatric Liver Transplantation (SPLIT)  
Preparing Our Pediatric Patients for the Future Webinar Series: The Effects of Adolescent and Young Adult Cognitive and Executive Functioning on Transition of Care in SOT / IPTA & SPLIT  
The State of African American Health | Shift from Health Disparities to Health Equity Panel Discussion / Ochsner Health System
- 2021 From Ally to Antiracist: Using Contextual-Behavioral Science to Cultivate Growth and Action as Clinicians and Human Beings / Jonathan Kanter, Ph.D., Robyn Gobin, Ph.D., & Daniel Rosen, Ph.D. / Praxis CET
- 2020 American Psychological Association Telepsychology Best Practices 101 Series / Marlene Maheu, Ph.D. / American Psychological Association  
Motivational Interviewing: Basic Course / Peter Britton, Ph.D. / Canandaigua VA Medical Center  
Priority Behavioral Health Internship Didactics (Weekly) / Rochester Institute of Technology

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- 2019 Acceptance and Commitment Therapy Seminar / Kelly G. Wilson, Ph.D. / University of Mississippi  
Delis-Kaplan Executive Functioning System Student Training Workshop (Lead) /  
University of Mississippi  
Division 17 (Positive Psychology) Student Poster Reviewer / APA Convention  
Student Activism and Leadership Summit / University of Mississippi  
Understanding Addiction Community Workshop / Oxford Treatment Center  
Woodcock-Johnson-IV Graduate Student Training Workshop (Co-Lead) / University of Mississippi
- 2017-2018 Department of Psychology Rounds (Weekly) / St. Jude Children’s Research Hospital  
Multidisciplinary Brain Tumor Conference (Weekly) / St. Jude Children’s Research Hospital  
Neuropsychology Didactics (Weekly) / St. Jude Children’s Research Hospital  
Pediatric Psychology Didactics (Monthly) / St. Jude Children’s Research Hospital
- 2016 Post-traumatic growth interventions for the treatment of traumatic stress / Chrystal Park, Ph.D. /  
University of Mississippi  
Qualtrics Survey Software Workshop / Emmie Hebert, Ph.D. / University of Mississippi  
Testing with the Woodcock-Johnson / Shannon Sharp, Ph.D. / University of Mississippi

## **AD-HOC REVIEWING**

- *Journal of Clinical Psychology*
- *Psychological Reports*
- *Psychological Trauma: Theory, Research, Practice and Policy*

## **TEACHING EXPERIENCE**

- 2021 Guest lecturer on Acceptance and Commitment Therapy (ACT) for 2021-22 predoctoral interns /  
RRH/RIT Pre-Doctoral Internship
- 2019 Guest lecturer on neuropsychology measures – PSY 710: Techniques of Assess I: Cognitive Tests /  
University of Mississippi / Stefan E. Schulenberg, Ph.D.  
Teaching assistant – PSY 201: General Psychology / University of Mississippi / Lauren Jordan, M.A.  
Teaching assistant – PSY 201: General Psychology / University of Mississippi /  
Zachary Redding, M.A.
- 2018 Guest lecturer on neuropsychology measures – PSY 710: Techniques of Assess I: Cognitive Tests /  
University of Mississippi / Stefan E. Schulenberg, Ph.D.  
Teaching assistant – PSY 505: Conditioning and Learning / University of Mississippi /  
Scott A. Gustafson, Ph.D., ABPP

## **EARLY PROFESSIONAL STEWARDSHIP**

### **MEMBERSHIPS**

- American Psychological Association
- International Pediatric Transplant Association
- International Society for Traumatic Stress Studies
- Society of Clinical Child and Adolescent Psychology (SCCAP) – Division 53
- Society of Pediatric Psychology (SPP) – Division 54
- Society of Personality and Social Psychology (Previously)
- The Transplantation Society

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## **GRADUATE STUDENT STEWARDSHIP**

### *UNIVERSITY OF MISSISSIPPI*

- 2019            Clinical Psychology Graduate Student Representative for the Faculty  
                  Department of Psychology Communications Committee
- 2015-2017    President / Autism Speaks U – Ole Miss

### *VOLUNTEER*

- Ochsner's Science – Technology – Academics – Research (STAR) Program
- Organization and Management Team / LA MISS ACBS Conference with Legacy Track with Kelly Wilson
  - *Louisiana Mississippi Association of Contextual Behavior Science / July 2019*

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## REFERENCES

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CLIFTON MIXON, PH.D.

*Section Head & Senior Pediatric Psychologist, Pediatric Integrated Psychology  
Supervisor, Pediatric Psychology Postdoctoral Fellowship*

Ochsner Hospital for Children

504-842-2028

clifton.mixon@ochsner.org

JILL WEST, PH.D.

*Direct, Psychology Department*

Scottish Rite for Children

241-559-1666

jill.west@tsrh.org

CASSANDRA BERBARY, PH.D.

*Visiting Assistant Professor, Institute of Health Sciences and Technology  
Supervisor, Priority Behavioral Health Internship Consortium*

Rochester Institute of Technology

585-475-4577

cmbihst@rit.edu

STEFAN E. SCHULENBERG, PH.D.

*Professor, Department of Psychology*

*Director, Clinical-Disaster Research Center (UM-CDRC)*

University of Mississippi

662 -915-3518

sschulen@olemiss.edu